Mountain Bike Trails

Gosford Forest Park

Gosford Forest provides a stunning backdrop for 15km (9 miles) of green and blue-graded mountain bike trails, ideal for families and novice mountain bikers.

Green Mountain Bike Trail

A short circuit through the woodland with some gentle climbs and descents. The route follows forest roads and easy single track; an ideal introduction to mountain biking for novices and families. Start through the mountain bike trailhead arch.

Grade: Green / Easy
Distance: 3.5 km / 2.2 miles
Time: 25 minutes

Blue Mountain Bike Trail

A longer route around the Park's perimeter, the Blue Trail takes riders deep into the heart of the forest on flowing single track. There are 3 optional technical trails: These are more challenging sections suitable for confident riders. Follow the blue and orange technical section waymarkers. Start through the mountain bike trailhead arch.

Forest roads offer short-cuts back to the car park.

Grade: Blue / Moderate
Distance: 11.5 km / 7.2 miles
Time: 2 hours

Skills Loop & Pump Track

Situated along the Green and Blue Mountain Bike Trails, the Skills Loop offers optional technical features to test and hone your riding.

Accessible from the start of the Green and Blue Trails, the Pump Track is the perfect place to develop bike handling skills and technique.





Find your way about

Follow the colour coded trail waymarker discs on the wooden posts located throughout the forest.

Please respect other trail users.

Grades

Green / Easy	Blue / Moderate
SUITABLE FOR: Beginner/novice cyclists. Basic Bike Skills required. Most bikes and hybrids. Some green routes can take trailers.	SUITABLE FOR: Intermediate cyclists/mountain bikers with basic off-road riding skills. Mountain bikes or hybrids.
TRAIL AND SURFACE TYPES: Relatively flat and wide. The trail surface may be loose, uneven or muddy at times. May include short flowing singletrack style sections.	TRAIL AND SURFACE TYPES: As "Green" plus specially constructed single track. Trail surface may include small obstacles of roots and rock.
GRADIENTS AND TECHNICAL TRAIL FEATURES (TTF'S): Climbs and descents are mostly shallow. No challenging features.	GRADIENTS AND TECHNICAL TRAIL FEATURES (TTF'S): Most gradients are moderate but may include short steep sections. Includes small TTF's
SUGGESTED FITNESS LEVEL: Suitable for most people in good health.	SUGGESTED FITNESS LEVEL: A good standard of fitness can help.

These guidelines must always be used in conjunction with the exercise of your own experience, intuition and careful judgement.

Hazards and Restrictions

- These trails are situated in a working forest environment and may be subject to diversion and closure from time to time.
- All forest users should look out for vehicles, timber lorries and other machinery.
- Please observe all warnings, notices and signs during your visit.
- Care should be taken where trails run close to deep water.
- Please be aware that sections of the trails are shared between walkers, horse-riders and cyclists. Exercise appropriate caution and respect other users.
- Codes of conduct for all trail users can be found at getactiveabc.com/gosford

Key Contacts / Emergency Services

Armagh City, Banbridge and Craigavon Borough Council

gosfordforest@armaghbanbridgecraigavon.gov.uk
0300 0300 900

Emergency Services

call 999

Fire, Police, Ambulance and Coastguard

Parking

Please refer to car park pay station for information.

An annual parking pass can be purchased by visiting
getactiveabc.com/gosford

This project has been funded by:

Armagh City Banbridge & Craigavon Borough Council

Department of Agriculture, Environment and Rural Affairs
www.daera-ni.gov.uk

Mountain Bike Trails

Walled Garden

Gosford Castle

Skills Loop

Pump Track

Main Caravan Site

Greer's Fort

New cycle hub

PLAY AREA

MAIN CAR PARK

Events Field

Deer Park

Caravan Site

KEY

- PARKING
- TOILETS
- YOU ARE HERE
- MOUNTAIN BIKE TRAILS START
- WALK TRAILS START
- HORSE RIDING TRAIL START
- GREEN MOUNTAIN BIKE TRAIL
- BLUE MOUNTAIN BIKE TRAIL
- TECHNICAL BIKE TRAIL
- SKILLS LOOP AND PUMP TRACK