

Armagh
Banbridge
& Craigavon
Sports Forum



Coach Education & Club Development

PROGRAMME 2022/23



Armagh City
Banbridge
& Craigavon
Borough Council

Welcome

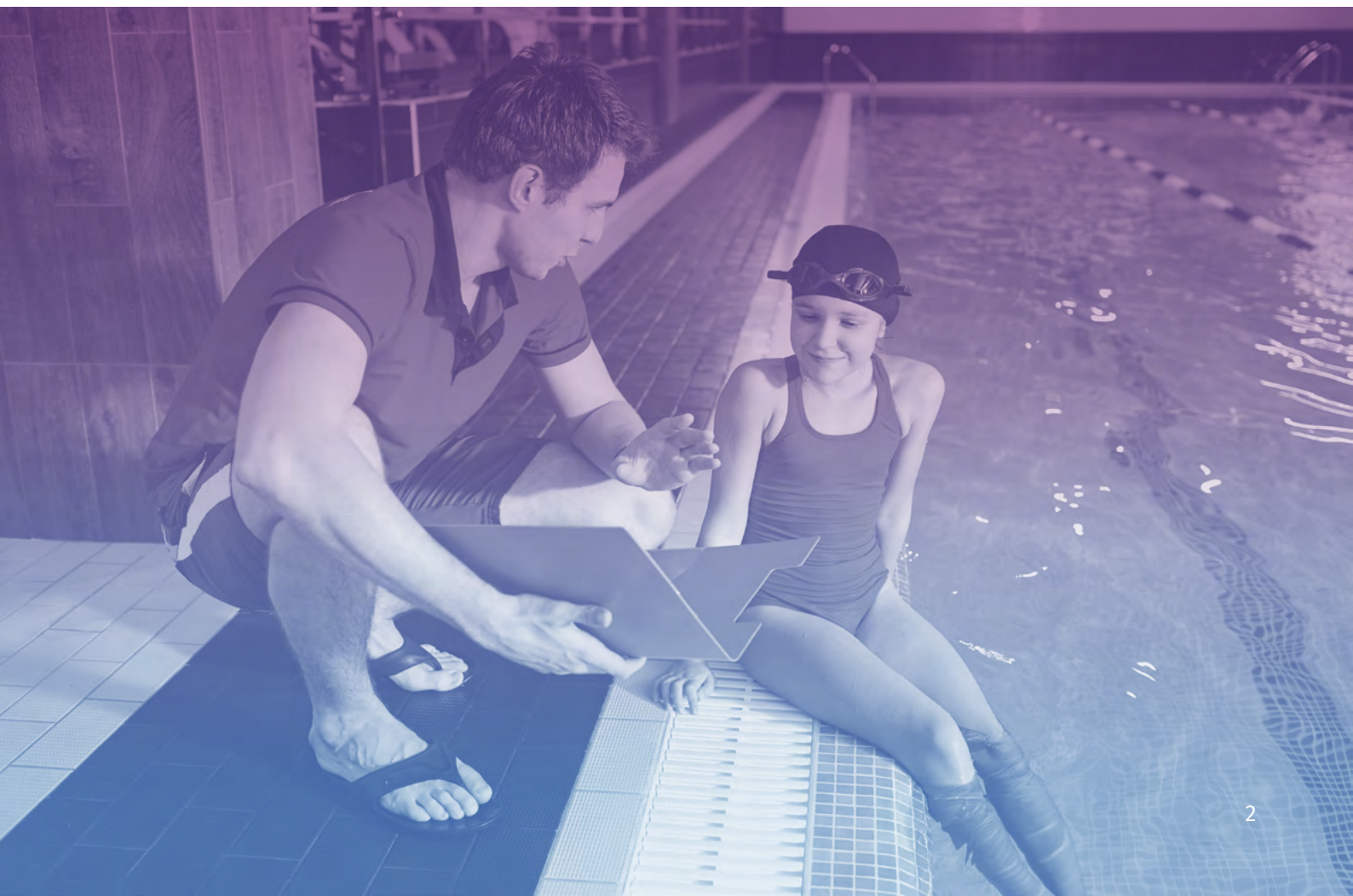
Welcome to the Armagh City, Banbridge and Craigavon Borough Council Coach Education and Club Development Programme for 2022/2023.

At Council, we have a strong commitment to support the ongoing development of coaches, sports volunteers and sports club administrators throughout the Borough. We have compiled this programme to provide opportunities to further develop knowledge and skills, relevant to these roles, in enjoyable and engaging environments. The programme sees a blended approach to delivery with a mixture of online workshops as well as practical workshops.

The programme offers a mixture of minimum operating standards that are required for good club governance, and club and coach development workshops to support coaches in the day-to-day running of their club sessions, which are practical in nature, relating to achieving optimal performance.

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For more information relating to any of the workshops please contact:

Laura O'Hagan | Sports Development Assistant
✉ laura.ohagan@armaghbanbridgecraigavon.gov.uk
☎ 07436 537 846



Coach Education & Club Development Programme 2022/23

Course	Accreditation	Date	Venue	Time	Cost
Safeguarding Children & Young People in Sport	Certificate	17/11/22	Craigavon Civic Centre	6.30pm - 9.00pm	£10
Generating Club Income	No Certificate	22/11/22	Online	6.30pm - 8.30pm	£10
Autism in Sport Training	Certificate	30/11/22	Gilford Community Centre	6.30pm - 9.30pm	FREE
Effective Organisation Structures	No Certificate	7/12/22	Online	6.30pm - 8.30pm	£10
Emergency First Aid for Sport	Certificate	18/1/23 & 25/1/23	Hybrid 18/1/23 - Online 25/1/23 - Dromore Community Centre	6.30pm - 9.30pm	£15
Safeguarding Children & Young People in Sport	Certificate	7/2/23	Online	6.30pm - 9.00pm	£10
Defibrillator Training	Certificate	16/2/23	Ardmore Recreation Centre	7.00pm - 9.00pm	£10
Safeguarding Children & Young People in Sport	Certificate	2/3/23	Online	6.30pm - 9.00pm	£10
Emergency First Aid for Sport	Certificate	20/3/23 & 27/3/23	Hybrid 20/3/23 - Online 27/3/23 - South Lake Leisure Centre	6.30pm - 9.30pm	£15
Designated Safeguarding Officer	Certificate	4/4/23 & 6/4/23	Online	6.30pm - 8.00pm	£10

(Hybrid*) Part of the course is delivered online and part is delivered as a practical session at a venue.

* Affiliated clubs of the Sports Forum can avail of free places as part of their affiliation. Voucher codes and separate booking instructions will be issued to these clubs or can be requested from Laura O'Hagan at

✉ laural.ohagan@armaghbanbridgecraigavon.gov.uk

Course Details

Autism in Sport Training (Face-to-Face)

The Autism and Sports Coaching Course is a 3 hour course designed to give people a basic understanding of Autism and the potential challenges for inclusion in sport. Participants will learn through practical examples, ways to include people with Autism in their sessions and look at potential strategies and support for keeping people with Autism engaged in sport and active recreation.

Defibrillator Training (Face-to-Face)

Defibrillator training, including basic life support, will give you the confidence to act quickly and effectively if someone has a cardiac arrest. Delegates will learn how to operate a defibrillator and how to perform effective CPR.

This course teaches the essential skills for using a defibrillator, and gives students the confidence to know what to do in an emergency.

Designated Safeguarding Officer (Online)

This workshop aims to support those undertaking the role of Designated Safeguarding Children's Officer in sports clubs including creating an awareness of key legislation and good practice, how to respond in a range of situations of concern and how to develop the standards of safeguarding within a club environment. Attendees must have attended 'Safeguarding Children and Young People in Sport' prior to attending this workshop and must be over 18 years of age.

This workshop will be delivered online in 2 x 1.5hr sessions. Both sessions need to be undertaken in order to complete the workshop.

Effective Organisational Structures (Online)

The way a club is legally structured can have a significant impact on club leaders, both on their club and them personally. Get it right and a club can be run effectively and may benefit financially. Get it wrong, and there could be significant implications for a club and potentially all of its members.

Emergency First Aid for Sport (Hybrid)

This 6 hour workshop will cover elements of First Aid applicable to anyone who is responsible for coaching/supervising a team or individuals. A 3 year certificate of competency will be issued following successful assessment. Attendance at both sessions is compulsory.

Part 1: Online 3 hr theory session

Part 2: Face-to-face 3hr practical session

Generating Club Income (Online)

Having a realistic and clear understanding of the likely sustainable income your club can generate is a vital ingredient of good financial management. A great way of ensuring your income is sustainable is to get it from a variety of sources including membership fees; sponsorship; fundraising; commercial partnerships; and grant funding.



Safeguarding Children & Young People in Sport (Online)

This workshop aims to raise awareness of Child Protection issues in sport and introduces participants to the Code of Ethics and Good Practice for Children's Sport. This workshop is important for all adults involved in children's sport, but is particularly recommended for Coaches, Leaders, Administrators and Officials. The workshop which has been adapted for online learning is now delivered in two parts.

Part 1: Mandatory pre-learning that consists of a 25 minute video which is required to be undertaken in advance of the online workshop.

Part 2: Online virtual workshop via Zoom.

Safeguarding Children and Young People in Sport (Face to Face)

This workshop aims to raise awareness of child safeguarding issues in sport and introduces participants to what is good practice for children's sport and how to report any concern. This workshop is important for all adults involved in children's sport, but is essential for Coaches, Leaders, Administrators, and Officials.

Part 1: Mandatory pre-learning that consists of a 25 minute video which is required to be undertaken in advance of the online workshop.

Part 2: A tutor led face-to-face workshop.

Booking

Places will be allocated on a first come first taken basis, however priority will be given to Coaches and Clubs within the Armagh City, Banbridge and Craigavon Borough Council area.

Affiliated clubs of the Sports Forum can avail of free places as part of their affiliation. Voucher codes and separate booking instructions will be issued to these clubs or can be requested from Laura O'Hagan.

All courses have a minimum number and therefore courses are subject to cancellation should these not be met. Please note we require 48 hours notice of any cancellation. Failure to adhere to this policy will result in your club being charged at the full non-affiliated rate.

All courses can be booked online at

🌐 armaghbanbridgecraigavon.gov.uk/coacheducation

If you require further information about the courses please contact:

Laura O'Hagan | Sports Development Assistant

✉ laura.ohagan@armaghbanbridgecraigavon.gov.uk

☎ **07436 537 846**



Armagh Banbridge & Craigavon Sports Forum



The Armagh, Banbridge and Craigavon Sports Forum is a voluntary organisation that supports Clubs and Individuals through the following Grant Programmes:

Club Development Grants:

- Junior Club Development Grant
- Volunteer Development Grant
- Grant Aid for Coaches
- Representative Sporting Clubs

Individual Grants:

- Talented Athlete Grants
- Talented Athlete Leisure Access Card
- Bursaries

Affiliation

Affiliation for the 2022/23 financial year is open and costs £20 per annum for each club and £10 per annum for each individual. New members wishing to affiliate must be affiliated to the Sport NI, Sport Ireland or UK Sport recognised Governing Body. Clubs and Individuals must be based within the Council area. Clubs must submit a copy of their club constitution as part of their affiliation to the Sports Forum.

Clubs wishing to affiliate can do so here:

 armaghbanbridgecraigavon.gov.uk/abc-sports-forum/

Sports Directory

The Sports Forum holds an online sports directory of its affiliated clubs offering a wide range of sporting and physical activity opportunities across the area.

To view the sports directory, please visit:

 armaghbanbridgecraigavon.gov.uk/resident/abc-sports-directory/

If you require any further information regarding the Sports Forum please contact the Sports Development Team at:

Laura O'Hagan | Sports Development Assistant

 laural.ohagan@armaghbanbridgecraigavon.gov.uk





**Armagh City
Banbridge
& Craigavon**
Borough Council

INTERESTED IN SPORTS DEVELOPMENT

in the Armagh City,
Banbridge and
Craigavon Borough
Council area?

We want to talk to you

Please contact the **Sports
Development Team** at
Armagh City, Banbridge and
Craigavon Borough Council

 **0300 0300 900**

 **info@armaghbanbridgecraigavon.gov.uk**

 **armaghbanbridgecraigavon.gov.uk**

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