



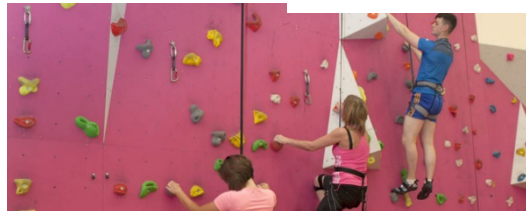
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Borough Council

Update from the 'Leisure Transformation Project Team

8th July 2022



Couch to 5k



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STAFF ENGAGEMENT

The 'Leisure Transformation Project Team' continue to move forward with the Review/Transformation of the Health and Recreation Department.

STAFF ENGAGEMENT SESSION FOR HEALTH AND RECREATION STAFF

In the last number of weeks of staff engagement sessions have taken place across the Borough.

These engagement sessions were organised to discuss the Review/Transformation of the Health and Recreation Department.

Thank you to those staff members who were able to attend and for the feedback provided to the team.

For all those staff members unable to attend one of these session a mop up on line session is being organised, details on how to join the session will be distributed.

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UNIFORMS - CONSULTATION

At the staff engagement sessions a number of staff were asking about uniforms.

So at the moment the tender has been written for uniforms, it will be looked at by management and agreed who the successful supplier will be.

On a number of occasions during the sessions the question was asked if our lifeguard/leisure attendants could go back to wearing the internationally recognised yellow and red uniforms.

We would now like to consult with staff members on the issue and would ask for your feedback on this issue.

Please email joanne.grattan@armaghbanbridgecraigavon.gov.uk, by the 15th July 2022 to give your thoughts on this issue and if we should go back to wearing the yellow and red lifeguarding uniforms.



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NEWS & UPDATES

Wellbeing Week 2022



After a two-year break, our much loved Wellbeing Week will make a return this September! And to help us create a successful programme of activities tailored to you and your needs, we'd love to hear your feedback on what health and wellbeing sessions you've enjoyed in the past, what you would like to see included going forward and more! [To share your views, complete our short survey by clicking here.](#) **Closes Friday 8 July 2022.**

Please note: This is an anonymous survey and the option to provide an email address is entirely optional. It will only be used to issue a receipt and a copy of your survey responses. As it's not possible to include all suggestions during this Wellbeing Week, we will endeavour to plan, where feasible, proposed activities in our future health and wellbeing plans.

******* ALL STAFF ARE ASKED TO PLEASE COMPLETE THIS SHORT SURVEY *******

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HEALTH AND RECREATION – FINALISTS IN THE MJ AWARDS

Last week a number of officers attended the awards ceremony for the MJ Awards as the Health and Recreation Department were finalists in two award categories:

- **Transforming Lives Category for projects which support people to change their worlds.**



The entry focused on **Get Out Get Active, in Action** which targets the hardest to reach, least active disabled and non-disabled people to encourage participation in inclusive and fun activities together.

Working with a broad range of partners and local volunteers, the Active Recreation Officer delivers a high quality, bespoke programme which offers participants the opportunity to improve fitness and wellbeing, make friends, engage with their community, gain confidence, achieve goals and feel positive.

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Weekly activity programmes across the Borough include Tai Chi for Health, Buggy Fit, Nordic Walking, GOGA Fit.



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The Get Out Get Active programme has been providing physical activity opportunities for the least active people in our borough since 2016.

Originally funded for 3 years by 'Spirit of 2012' the programme has now been extended until 2023 through investment from Armagh City, Banbridge & Craigavon Borough Council in partnership with Live Active NI (CIC of Disability Sport NI).

GOGA is designed to help physically inactive members of the local community, who need encouragement and support, to take those first steps towards a more active, healthy lifestyle.

If you are currently inactive or know of anyone who would like to know more about the opportunities available through the Get Out Get Active Programme please contact our local Active Recreation Officer Ryan McQuillan.

Email – rmcquillan@liveactiveni.co.uk

Phone – 077 99137 291

www.getactiveabc.com/hw_programs/get-out-get-active/

- **Workforce Transformation category.**

Our entry focused on change management that was an integral part of the transformation as we had to engage with Members of Council, Unions, staff, customers and external stakeholders, which was achieved throughout the life of the SLLC project.

Which included:

- Migrate and mobilise staff from 4 centres into one harmonious team.
- Ensure no detrimental impact on terms and conditions of employment.
- Harmonise job description/roles/pay.
- Reducing the number of JDs.
- Ensure that staff received training to fulfil their new roles.
- Enhance the quality of health and leisure provision within the Borough.
- To ensure that SLLC was future-proofed to meet the needs of a growing population.

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- To develop a framework for transformation going forward for our indoor leisure team across the Borough.



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There were a large number of high quality of entries this year from all around the British Isles that we were competing against; therefore, it was a great achievement that we were finalists in two categories of which our staff should be extremely proud.

**ACHIEVEMENT
AWARDS 2022**
THE MJ

Workforce Transformation

FINALIST

Armagh City, Banbridge &
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sponsored by




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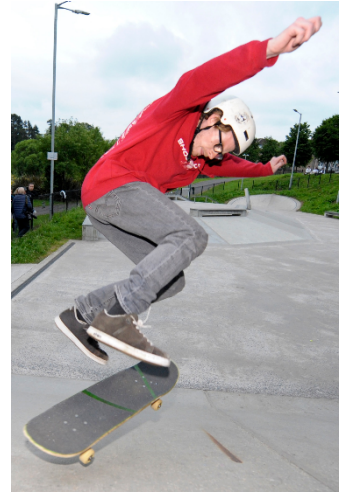
WHAT IS TAKING PLACE IN THE HEALTH AND RECREATION DEPARTMENT



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"Tryna' roll, tryna' ride, tryna' float, tryna' glide"

Our [#PicsOfTheWeek](#) are from the 'Skate Jam' this week in Solitude Park, Banbridge. Audiences were treated to some mean moves and incredible board skills. What a way to begin [#shakingupsummer](#) [#getoutdoorsabc](#)



All Out Trekking at Gosford Forest Park is back in action from Saturday 2 July. 🎉

[#shakeupsummer2022](#) with an inclusive outdoor experience using battery powered all terrain buggies to explore the beautiful parkland trails at [Gosford forest](#) Park To learn more click on the link below: <https://getactiveabc.com/events/alouttrekking/> To book email allouttrekking@dsni.co.uk or call 07968452406. [#getactiveabc](#) [#getoutdoorsabc](#)



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Whizz down the slopes or score a birdie in Footgolf 🏌️🏊 there is an activity for everyone at Craigavon Golf & Ski this summer 🎉

🌟 **Kids Summer Activity Special** | Tube, Footgolf & Food | Age 7-12 years

🌟 **Individual Tubing** | Age 5-14 years

🌟 **Teenage Kicks** | Tube, Footgolf & Food | Age 13-16 years

🌟 **Family Tubing** | Age 3+

🌟 **Family & Friends Fun Special** | Tube, Footgolf & Food | Age 3+



For more information and to book visit

👉 <http://getactiveabc.com/.../shake-up-summer-at-craigavon.../> #getactiveabc #getmovingabc #getoutdoorsabc

School's out 🎉🎉 Summer's here 🌟 Make the most of our splashtastic £1 Junior Swims 🏊🏊

Starting today until 31 August for age 17 & under, available at



🏊 Banbridge Leisure Centre

🏊 Orchard Leisure Centre

🏊 South Lake Leisure Centre & Watersports

From 9.00am until 5.00pm subject to availability

No advance booking required, please check swim times in

advance to avoid disappointment 🏊 <https://getactiveabc.com/activities/swimming/> #getactiveabc #shakeupsummer2022



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**#getready to kick start #LoveParksWeek 2022 with
some Balsam Bashing at Oxford Island 🌿🌳🍀**

📅 Sat 23 July

📍 Oxford Island

🕒 10.00am – 4.00pm

Himalayan Balsam is a highly invasive plant that outcompetes our native plants for space, light, nutrients and pollinators. Luckily for us, it has a shallow root system, so can be quite easily pulled up by hand – which also happens to be very satisfying! Join us from 10:00am to tackle its spread and do our bit for conservation and biodiversity 🙌



FREE Activities for the kids

10.00am – 11.30am Play session

12.00pm – 1.30pm Bush craft activities session

2.00pm – 3.30pm Bugs & Beasties Hunt

FREE Food & refreshments

10.00am Scones & Coffee

12.00pm – 3.00pm BBQ

No previous experience necessary, trained staff will welcome you and explain how to safely remove the plant without causing any further spread. Please wear sturdy footwear, long sleeves and trousers. Gloves will be provided.

[#getbooking](#) your place by emailing [@parksdevelopment@armaghbanbridgecraigavon.gov.uk](mailto:parksdevelopment@armaghbanbridgecraigavon.gov.uk)
[#getactiveabc](#) [#getoutdoorsabc](#)

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Rookie Lifeguard at South Lake Leisure Centre



Secure your place on one of our Rookie Lifeguard courses this summer 🌊🌞🌊

🌊 Age 8 years plus

🌊 Children must be able to swim 200m+

🌊 £60 per week

👉 To book contact Emma on 0330 056 4411



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South Lake Leisure Centre

ROYAL LIFE SAVING SOCIETY UK

ROOKIE LIFEGUARD

When: Monday: 18th July - Friday 22nd July; Time: 10.00am - 12pm: Level, Bronze & Silver
Monday: 1st Aug - Friday 5th Aug; Time: 10.00am - 12pm: Level Bronze & Silver
Monday: 8th Aug - Friday 12th Aug; Time: 10.00am - 12pm: Level Gold

Price: £60.00 per week

**Children MUST be 8+ years old and able to swim 200+ metres for Bronze and Silver. Bronze and Silver must be completed prior to completing gold.

Tel: Emma 0330 056 4411

www.rlss.org.uk
@RLSSUK
Facebook.com/RLSSUK

Summer aqua inflatable obstacle course & banana boat package 🌊🌞

Prepare for an adrenaline rush and plenty of dare devil peel as you jump on the banana boat and race across the mighty Neptune 🏊

🌊 2 hour sessions

🌊 Available daily through July and August

🌊 £19.50pp

For more information and to book your place 👉

<https://getactiveabc.com/.../aqua-inflatable-banana-boat.../>

[#getactiveabc](#) [#getoutdoorsabc](#)



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CORPORATE NEWS



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Armed Forces Day Applause for All

Some 10,000 people flocked to Banbridge last Saturday as the borough led Northern Ireland in hosting the Armed Forces Day celebrations for the first time. The sun shone and the crowds came out in force to show their support for serving personnel and their families, cadets and veterans.

The positive feedback from the Armed Forces community along with the throngs of visitors, who turned out to enjoy the military and musical spectacular, has been exceptional. Joint Military Commander Northern Ireland, Brigadier James Senior CBE, said:

“On behalf of all Armed Forces personnel who are fortunate to serve in Northern Ireland, I would like to thank the councillors, officers and staff of Armagh City, Banbridge and Craigavon Borough Council, and also the community for coming out today and showing their support for our Armed Forces. It was a great honour for us to show you a little of what we do, and to meet so many of the people we are so proud to serve.”

There were rave reviews from those who attended too. Here's what a few had to say.

“Fantastic day. Great programme, well organised and one of the best family days the borough has hosted. Well done to all involved.”

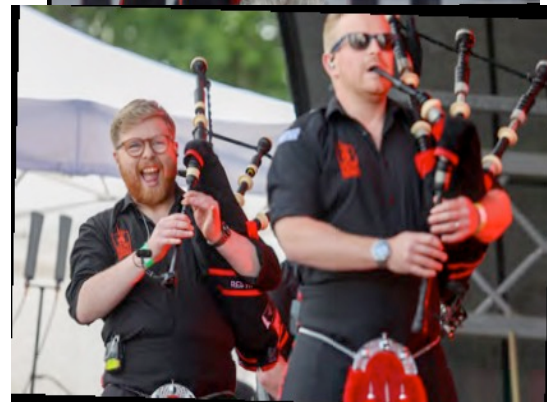
“The grandchildren loved it. They had a fantastic time. Thank you for the memories.”

“Thanks to all the organisers. We had a fantastic day. The entertainment was excellent as was everything.”

“Fantastic day. Really enjoyable. Thank you ABC Council.”

Well done to the talented team involved in organising an outstanding family-friendly event that surpassed all expectations. View our online gallery for a showcase of Armed Forces Day www.armedforcesdayni.co.uk/gallery

Check our social media channels soon to view a video with highlights from Armed Forces Day.



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Nominations Open for Junior Sports Awards 2022

Do you know a junior sports star or team who merit recognition for excelling in their chosen sport? If so, nominate them for a Junior Sports Award before 5pm on Friday 8 July 2022.

Organised by Armagh, Banbridge and Craigavon Sports Forum in partnership with the council and sponsored by Manfreight Limited, these awards shine a light on the sporting achievements of young people aged 18 and under who have competed at county/regional level or above and have achieved a high level of success in competitions between 1 July 2020 and 30 June 2022.

Nominations are welcome from schools, sports clubs, individuals and members of the public for the following categories:

Sports Person with a Disability
Junior Male | Junior Female
Junior School Team | Junior Club Team
Youth Male | Youth Female
Youth School Team | Youth Club Team
School Coach | Club Coach
Young Volunteer

Nominations must be submitted online. Forms and guidance notes are available at

armaghibanbridgecraigavon.gov.uk/juniorsportsawards

For more info, visit: w bit.ly/3MDzlnZ Contact Sarah Aiken, Assistant Sports Development Officer, on p **07733 596612** or email sarah.aiken@armaghibanbridgecraigavon.gov.uk



Launching the Armagh, Banbridge and Craigavon Junior Sports Awards are the Lord Mayor Councillor Paul Greenfield, Stephen Marshall from Manfreight Limited, Chair of Armagh, Banbridge and Craigavon Sports Forum Cathal O'Neill

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and sports journalist Denise Watson.

Lots on offer during Love Parks Week

We'll be supporting Keep Britain Tidy's national Initiative 'Love Parks Week' by offering a jam-packed programme of free activities at many of the borough's stunning parks and green spaces from Sunday 24 July until Friday 29 July inclusive.

With a wide range of activities designed to appeal to all ages and interests, we hope to inspire both children and adults to get outdoors, enjoy the benefits of reconnecting with nature and appreciate the beauty of local parks.



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Activities offered as part of our Love Parks Week programme include multi-sports, bushcraft activities, forest school taster sessions, a foraging tour, chi me sessions, a historical walk, a tour of Tannaghmore Farm, information sessions by the RSPB, a folklore tour, tree study and activities, recycling information sessions, traditional playground games and scavenger hunts.

To view the full programme of activities including dates, times and locations, visit getactiveabc.com/loveparksweekabc

Many of these activities need to be booked as spaces are limited. Places are available on a first come, first served basis. To book an activity, simply email parksdevelopment@armaghbanbridgecraigavon.gov.uk

New Location for Environmental Health in Armagh

Armagh locality Environmental Health Department is moving from The Stables, Palace Demesne to The Old Armagh City Hospital building located at 39 Abbey Street, Armagh, BT61 7DY from Wednesday 22 June 2022.



The department will be relocating to the historical site, which this year celebrates its 300 year anniversary and will be the base for Environmental Health Officers and licensing services including dog licensing. The dog kennelling service will remain in-situ at the Palace Demesne.

Contact can be made with the department using the existing telephone number, **0330 0561 011** or by emailing ehhealth@armaghbanbridgecraigavon.gov.uk

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Time Management

**Thursday 30 June | 9.30am-1.00pm | South Lake
Leisure Centre**

Provides information on making the most efficient use of your working time and prioritising effectively.

How to join? If you would like to attend, please seek permission from your Line Manager and book your place via booking bug (job related section).



Health and Wellbeing Learning and Development Opportunities

To access more learning and development modules, visit our E-Learn ABC platform.

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