



AUTISM FRIENDLY PRE VISIT GUIDE

Welcome to Tandragee Recreation Centre

armaghbanbridgecraigavon.gov.uk
@abcb_council

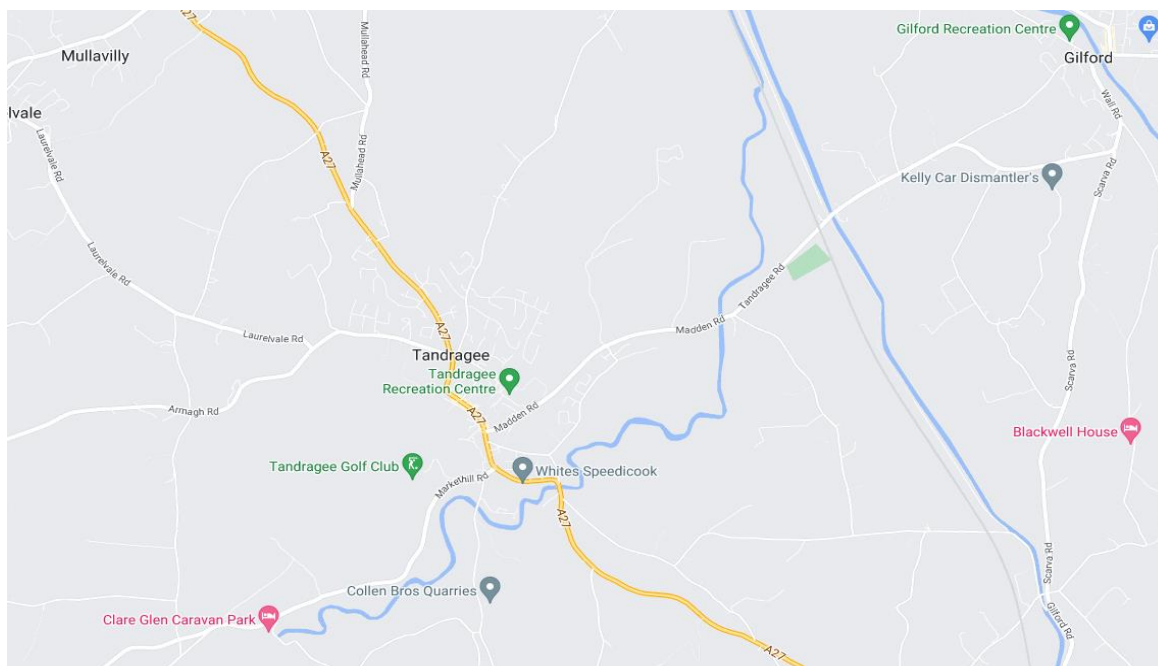


**Armagh City
Banbridge
& Craigavon**
Borough Council

AUTISM FRIENDLY PRE VISIT GUIDE

Everyone feels different when trying something new.
There are new sounds, smells and you may not know what to expect.

Location of Venue: Tandragee Recreation Centre



Tandragee Recreation can be accessed by bus, by car or by walking. Car Parking spaces are available at the centre.



AUTISM FRIENDLY PRE VISIT GUIDE

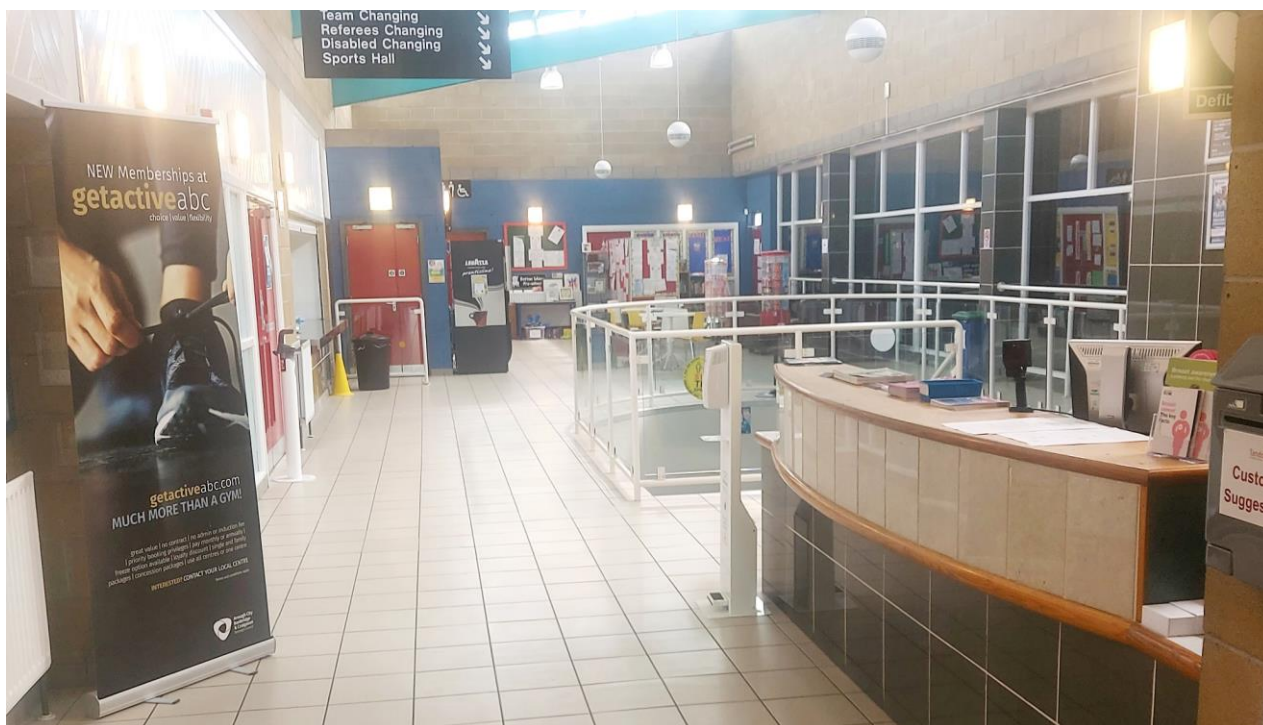
Car Parking is available at the front of the building. We have three separate car parks, which can all be used by customers. We also provide disabled car parking spaces beside the entrance.



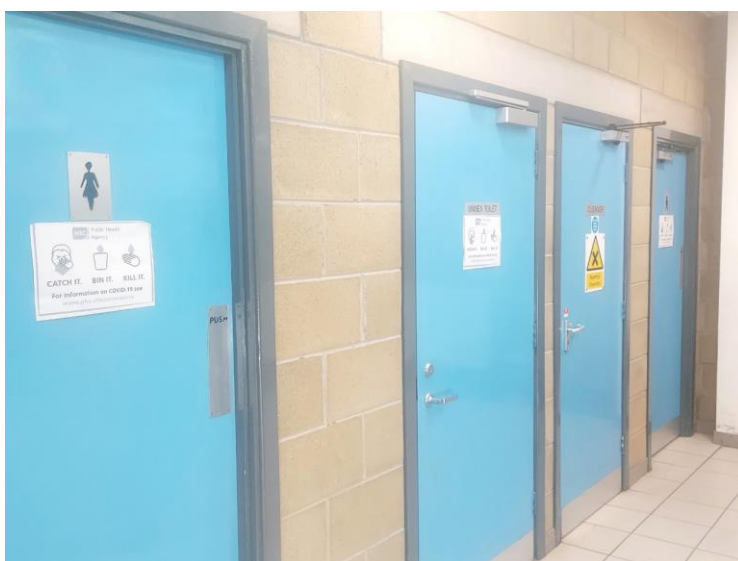
AUTISM FRIENDLY PRE VISIT GUIDE

Welcome to Tandragee Recreation Centre - **Reception Area**

When you come in, speak to a member of staff and they will advise you where you should go.



Ground Floor Toilets



Toilets are located on the First & Ground floors. We have accessible toilets and baby changing room facilities.

Noises you might hear in **Toilet Area**:

- Fire alarm testing, music and public announcements through speakers

Smells you might notice in Toilet Area:

- Cleaning products

AUTISM FRIENDLY PRE VISIT GUIDE

Café Area



Noises you might hear in **Cafe Area:**

- Children yelling, shouting and laughing.
- People talking
- Fire alarm testing, music and public announcements through speakers
- Noise from the T.V. and Coffee Machine
- Chairs banging against tables

Smells you might notice in **Cafe Area:**

- Cleaning products
- Food, Coffee and Tea

Main Hall



Noises you might find in the **Main Hall:**

- Loud music playing when exercise classes are in progress.
- Shouting and yelling whilst some sports are being played
- Children yelling, shouting and laughing if there is a Birthday Party on.
- Fire alarm testing, music and public announcements through speakers
- Motor noise coming from the blowers if the Bouncy Castle is on.

AUTISM FRIENDLY PRE VISIT GUIDE

Fitness Suite

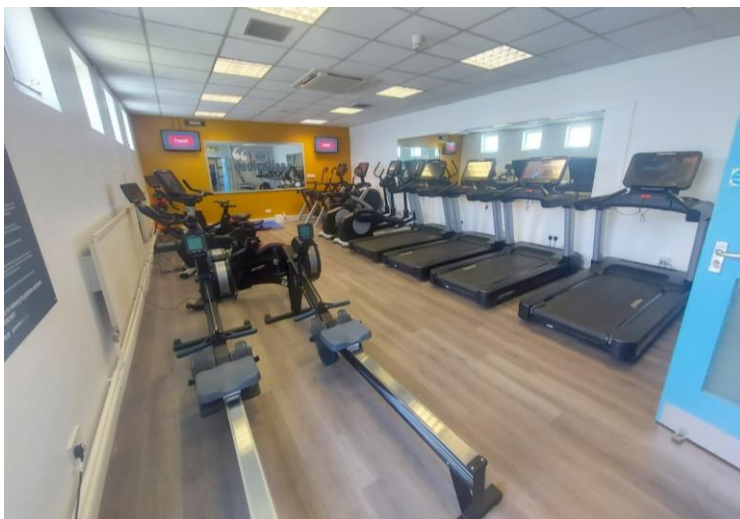
Strenth & Conditioning Area



Noises you might hear in the **Fitness Suite:**

- Loud music playing and customers talking
- Heavy weight equipment clanging and banging together
- The whirr of machines being used by customers
- Fire alarm testing and public announcements through speakers
- Two way radio activity and staff instruction

Cardio Area



Smells you might notice in **Fitness Suite:**

- Cleaning products

AUTISM FRIENDLY PRE VISIT GUIDE

Changing Area



Noises you might hear in

Changing Area:

- Fire alarm testing, music and public announcements through speakers
- People talking or shouting

Smells you might notice in

Changing Area

- Cleaning products
- Shower gel /Shampoo

Studio 1



This is a multipurpose room. It can be used for birthday parties, meetings and exercise classes.

Noises you might hear in **Studio 1:**

- Loud music playing
- Fitness equipment banging together
- Children yelling, shouting and laughing at a Party
- People talking loudly or shouting
- Chairs banging off tables during a party
- Fire alarm testing, music and public announcements through speakers

Smells you might notice in

Studio 1:

- Cleaning products
- Food, Coffee and Tea

AUTISM FRIENDLY PRE VISIT GUIDE

Outdoor 3G Synthetic Pitch



Noises you might hear on the **3G Pitch:**

- Loud music playing when exercise classes are in progress.
- Shouting and yelling whilst some sports are being played

For assistance, please speak to a member of staff, they can be identified by their uniform.



For further information please contact
Armagh City, Banbridge and Craigavon Borough Council

 0300 0300 900

 info@armaghbanbridgecraigavon.gov.uk

 armaghbanbridgecraigavon.gov.uk

  Find us on Facebook and Twitter



**Armagh City
Banbridge
& Craigavon**
Borough Council