





Being made redundant is often confusing, upsetting and stressful, but there is support out there. In addition to guidance from the Department for Communities, we've gathered some useful information around careers advice and benefits, which may be of help to you during this challenging time.

The Department for Communities (DfC) Redundancy Services can be accessed here: <a href="https://www.communities-ni.gov.uk/topics/finding-staff/redundancy-service">https://www.communities-ni.gov.uk/topics/finding-staff/redundancy-service</a> or to download the DfC Redundancy Support Factsheet please click here: <a href="https://www.communities-ni.gov.uk/sites/default/files/publications/communities/dfc-redundancy-factsheet-employees.pdf">https://www.communities-ni.gov.uk/sites/default/files/publications/communities/dfc-redundancy-factsheet-employees.pdf</a>

A Redundancy Clinic Employee Support webinar is available here: www.armaghbanbridgecraigavon.gov.uk/businesssupport-onlineresources

New law to ensure furloughed employees receive full redundancy payments can be accessed here: <a href="https://www.nibusinessinfo.co.uk/content/coronavirus-new-law-ensure-furloughed-employees-receive-fullredundancy-payments">www.nibusinessinfo.co.uk/content/coronavirus-new-law-ensure-furloughed-employees-receive-fullredundancy-payments</a>

#### **Main benefits**

There are 3 main benefits which may be available to you:

- Universal Credit (UC) 0800 012 1331 or www.nidirect.gov.uk/universalcredit
- Jobseekers Allowance (JSA) 0800 022 4250 or www.nidirect.gov.uk
- Employment Support Allowance (ESA) 0800 085 6318 or <u>www.nidirect.gov.uk</u>

## Interested in studying or improving your skills?

Southern Regional College (SRC): offers a wide range of full time and part-time courses. For more information, please contact: 0300 123 1223 or <a href="mailto:info@src.ac.uk">info@src.ac.uk</a> / <a href="mailto:www.src.ac.uk">www.src.ac.uk</a>. Support is also available through the Community Development Team at Southern Regional College - for more information please email Jim Cunningham: <a href="mailto:cunninghami@src.ac.uk">cunninghami@src.ac.uk</a>

The Department for Communities and Department for the Economy: The departments have been working collaboratively on developing employability, skills and training. For more information visit <a href="https://www.nidirect.gov.uk/campaigns/jobs-and-skills">www.nidirect.gov.uk/campaigns/jobs-and-skills</a>

**Online training support:** If you're a furloughed worker, or have lost your job as a result of coronavirus (Covid-19) and want to develop your skills to help you look for work, free online training is available.

Free short term courses: www.nidirect.gov.uk/articles/free-short-term-courses-improve-skills

Open University: www.nidirect.gov.uk/articles/online-training-support

**Prince's Trust Northern Ireland:** Has a new opportunity for 16-25 year olds to learn new skills and gain a new qualification. <a href="https://www.prince-trust.org.uk">www.prince-trust.org.uk</a> or Facebook /princestrustNI





### Interested in starting a business?

To arrange a **FREE** business meeting with a Business Advisor at one of our local Enterprise Centres please call **0800 027 0639** www.goforitni.com

## **Recruitment support**

**Job Centre Online (NI):** Use the free job search tools online at <a href="www.jobcentreonline.com">www.jobcentreonline.com</a> to create and manage your own account as well as tailoring your job search preferences to suit the jobs you are looking for.

You can also create a profile, upload your CV and receive email alerts to new jobs. Keep up to date on local jobs news and Department for Communities services at: Twitter @communitiesNI or Facebook /JobsBenefitsNI

### **Community support**

**Community Support Helpline:** For information, support & signposting in relation to volunteering, employability, training, health & wellbeing, advice services and food support please contact the Council's community support team on **028 3831 2417** or email <a href="mailto:abccommunitysupport@armaghbanbridgecraigavon.gov.uk">abccommunitysupport@armaghbanbridgecraigavon.gov.uk</a>. To download an enquiry form go to: <a href="https://www.armaghbanbridgecraigavon.gov.uk/resident/community-support-helpline/">https://www.armaghbanbridgecraigavon.gov.uk/resident/community-support-helpline/</a>

**Community Advice:** Provide support and advice with benefits/universal credit, employment rights, financial literacy, capacity building etc. To contact Community Advice please use contact details below:

Armagh: 028 3752 4041 or donna.morris@communityadvicearmagh.com

Banbridge: 028 4062 2201 or <a href="mailto:advice@cabanbridge.org.uk">advice@cabanbridge.org.uk</a>
Craigavon: 028 3836 1181 or <a href="mailto:enquiry@advicecraigavon.com">enquiry@advicecraigavon.com</a>

**Advice NI:** Support and advice with benefits, financial issues e.g. debt, heating, food, employment etc. To contact Advice NI please call one of the numbers below:

Advice NI Covid-19 Community Helpline: 0808 802 0020 or covid19@adviceni.net

Debt Action: 0800 028 1881 or <a href="mailto:debt@adviceni.net">debt@adviceni.net</a>

**Heracles Foundation Limited**: Advice and education on debt issues, advice and assistance with benefit claims, grants and loans. To contact the Heracles Foundation please call Sherry on **07711 162 664** or contact@heraclesfoundation.com





**St Vincent De Paul:** Provide help towards cost of essential household items such as food, clothing, heating or other household bills either as a one off or for a short period of time. To contact St Vincent de Paul, please call:

Banbridge:	028 4066 2047	Loughgilly/Whitecross:	07561 011 117
Dromore:	07738 838 187	Lurgan:	028 3832 5725
Aghagallon:	07745 785 181	Magheralin:	07921 876 225
Armagh:	07733 482 604	Portadown:	028 3833 9639
Craigavon:	07919 496 053	Seagoe/Derrymacash/Derrytrasna:	07827 770 304
Keady:	07738 838 078	Tullysaran:	07738 838 035

Step Change: Free confidential debt advice please contact 0800 138 1111.

Welfare Changes: 0808 802 0020 or welfarechanges@adviceni.net

Tax and Benefits: 0800 988 2377 or tax@adviceni.net

#### **Local Foodbanks**

**Armagh Foodbank:** The foodbank works through a referral system e.g. GPs, Social Workers etc. providing emergency food support to families in crisis and supporting people to address the underlying issues behind their crisis e.g. tackling debt and budgeting tools and courses. To contact Armagh Foodbank please call **07752 680 805** or info@armagh.foodbank.org.uk

Craigavon Area Foodbank: The foodbank works through a referral system e.g. GPs, Social Workers etc. providing emergency food support to families in crisis and supporting people to address the underlying issues behind their crisis e.g. tackling debt and budgeting tools and courses. To contact Craigavon Foodbank please call 0333 050 7702 or <a href="mailto:info@craigavonfoodbank.com">info@craigavonfoodbank.com</a>

**The Store House Banbridge:** Emergency food delivery service for those in need (generally through a referral system but currently accepting self-referrals). To contact the Store House please email <a href="mailto:foodbank@gracegeneration.co.uk">foodbank@gracegeneration.co.uk</a>

Via Wings (Dromore): Food delivery service for those in crisis on request. To contact Via Wings call **07946 783 279** info@viawings.co.uk

## Mental health and wellbeing

**Mindwise:** mental health telephone support and 1-2-1 support available. To contact Mindwise please call Maura on **07739 631 662** or email <a href="maura.mckeag@mindwisenv.org">maura.mckeag@mindwisenv.org</a>

**Action Mental Health:** Offers a range of services on mental health awareness and support. To contact Action Mental Health please call **028 3839 2314** 

Aware: Support for those affected by depression. To contact Aware please call 028 9035 7820





**The Mental Health Forum:** Advice, information and signposting regarding mental health. To contact The Mental Health Forum please call **028 3025 2423** 

**Links Counselling:** Confidential and professional counselling. To contact Links Counselling Service please call **028 3834 2825** 

Lifeline: 24hr support for those in distress or despair. To contact lifeline please call 0808 808 800

**Samaritans:** Providing emotional support to anyone in emotional distress, struggling to cope or at risk of suicide. To contact Samaritans please call **116 123** 

Zest for Life Counselling and Training Services: Counselling and psychotherapy for individuals, couples, children, adolescents, families and groups. To contact Zest for Life Counselling and Training, please call **07818 088 314** or **07894 388 371** 

Armagh City, Banbridge and Craigavon Borough Council's Investing for Health Team: Advice and support in relation to maintaining a healthy lifestyle, healthy eating, exercise and relaxation. To speak to an Investing for Health Officer please call **0300 0300 900** or email ehealth@armaghbanbridgecraigavon.gov.uk

### Other

**Breakthrough Recruitment Ltd:** Recruitment throughout Northern Ireland and the UK in all sectors, including key worker roles. Support with CVs and interviews. To contact Breakthrough Recruitment please call Bernadette **07970 875 039** / <a href="mailto:bernadette@breakthroughrecruitment.com">bernadette@breakthroughrecruitment.com</a>

**Clanrye Group:** Practical employment support such as assisting with the completion of application forms, building a CV, job search techniques etc. To contact Clanrye Group please call **028 3089 8119** or email info@clanryegroup.com

# Armagh City, Banbridge & Craigavon Borough Council contact information

To keep up-to-date with information and support available please go to:

www.armaghbanbridgecraigavon.gov.uk

Facebook /armaghbanbridgecraigavon

Twitter /abcb council

LinkedIn https://investinabc.com/linkedin

