

## **GUIDANCE NOTES FOR MULTI USE GAMES AREAS.**

**The Council will be reopening all MUGAs on Friday, 10<sup>th</sup> July 2020. To ensure you are ready to use the MUGAs safely, please read these simple instructions below:**

1. Judge the risk of COVID-19 to you and your family before using MUGAs.
2. MUGAs are a shared space, used at your own risk.
3. If you or anyone in your family are unwell, please do not use MUGAs.
4. Remember to social distance from people outside of your bubble.
5. Activities in groups of no more than six people keeping two meters apart at all times is permitted.
6. Activities of two or more groups of six (including the coach) is permitted as long as the groups of six are kept separate.
7. Physical contact with anyone outside of your household is not permitted
8. Sharing of equipment should be kept to a minimum, and strong hand-hygiene practices should be in place before and after. Try not to touch your face while exercising.
9. Avoid meeting in groups of six in busy or overcrowded areas. Maintain social distancing at all times.
10. Parents and spectators in attendance should remain outside session boundaries and away from other members of public.
11. Refrain from eating or drinking while exercising.
12. Only use the MUGAs if you are actively playing and leave immediately after finishing. No hanging about!
13. If you are wearing any disposable PPE, please place in litter bins provided or take it home with you – LEAVE NO TRACE.
14. Wash your hands when you get home.

**We hope you enjoy using the MUGAs, and thank you for helping to keep everyone safe by always following these simple instructions.**