



Redundancy factsheet

In addition to the Redundancy Factsheet (Information for Employees) supplied by the Department for Communities, Armagh City, Banbridge and Craigavon Borough Council has gathered useful information which may be of help to local residents at this time.

Interested in studying or improving your skills?

Southern Regional College (SRC) offers a wide range of fulltime and part-time courses. For more information, please contact: **0300 123 1223** / info@src.ac.uk / www.src.ac.uk. Support is also available through the Community Development Team at Southern Regional College – for more information please email Jim Cunningham: cunninghamj@src.ac.uk.

Free short-term courses to improve skills

If you have been impacted by coronavirus (COVID-19), the Department for the Economy is offering a range of free, fully-accredited courses to help you retrain and improve your skills. Opportunities are available from entry to postgraduate levels, focussing on skills identified by industry, including:

- Digital skills
- Essential skills
- Employability skills
- Leadership and management

For more information, go to: <https://www.nidirect.gov.uk/articles/free-short-term-courses-improve-skills>.

Interested in starting a business?

To arrange a FREE business meeting with a Business Advisor at one of our local Enterprise Centres please call **0800 027 0639** / <http://www.goforitni.com>.

Community support

Community Advice provide support and advice with benefits/universal credit, employment rights, financial literacy, capacity building etc. To contact Community Advice please call one of the numbers below:

- Armagh: **028 3752 4041** / Donna.Morris@communityadvicearmagh.com
- Banbridge: **028 4062 2201** / advice@cabanbridge.org.uk
- Craigavon: **028 3836 1181** / enquiry@advicecraigavon.com

Advice NI - Support and advice with benefits, financial issues e.g. debt, heating, food, employment etc. To contact Advice NI please call one of the numbers below:

Welfare Changes - 0808 802 0020 / welfarechanges@adviceni.net.

Tax and Benefits - 0800 988 2377 / tax@adviceni.net.

Debt Action - 0800 028 1881 or email debt@adviceni.net.

Heracles Foundation Limited - Advice and education on debt issues, advice and assistance with benefit claims, grants and loans. To contact the Heracles Foundation please call Sherry on **07711162664** or email contact@heraclesfoundation.com.

St Vincent De Paul - Provide help towards cost of essential household items such as food, clothing, heating or other household bills either as a once off or for a short period of time. Help towards the cost of education. Information and advice on other services or entitlements which can provide more long-term assistance. To contact St Vincent de Paul, please call one of the below numbers:

- Banbridge: **028 4066 2047**
- Dromore: **07738 838 187**
- Aghagallon: **07745 785 181**
- Armagh: **07733 482 604**
- Craigavon: **07919 496 053**
- Keady: **07738 838 078**
- Loughgill/Whitecross: **07561 011 117**
- Lurgan: **028 3832 5725**
- Magheralin: **07921 876 225**
- Portadown: **028 3833 9639**
- Seagoe/Derrymacash/Derrtrasna: **07827 770 304**
- Tullysaran: **07738 838 035**

Step Change - Free confidential debt advice please contact **0800 138 111**.

Local food banks

Armagh Foodbank - The food bank works through a referral system e.g. GPs, Social Workers etc. providing emergency food support to families in crisis and supporting people to address the underlying issues behind their crisis e.g. tackling debt and budgeting tools and courses. To contact Armagh Foodbank please call **07752 680 805** or email info@armagh.foodbank.org.uk.

Craigavon Area Food Bank - The food bank works through a referral system e.g. GPs, Social Workers etc. providing emergency food support to families in crisis and supporting people to address the underlying issues behind their crisis e.g. tackling debt and budgeting tools and courses. To contact Craigavon Foodbank please call 0333 050 7702 or email info@craigavonfoodbank.com.

The Store House Banbridge - Emergency food delivery service for those in need (generally through a referral system but currently accepting self-referrals). To contact the Store House please email foodbank@gracegeneration.co.uk.

Via Wings (Dromore) Food delivery service for those in crisis on request. To contact Via Wings call **07946 783 279** / info@viawings.co.uk.

Mental health and wellbeing

Mindwise - mental health telephone support and 1-2-2 support available. To contact Mindwise please call Maura on **07739 631 662** or email maura.mckeag@mindwisenv.org.

Action Mental Health - Offers a range of services on mental health awareness and support. To contact Action Mental Health please call **028 3839 2314**.

Aware - Support for those affected by depression. To contact Aware please call **028 9035 7820**.

The Mental Health Forum - Advice, information and signposting regarding mental health. To contact The Mental Health Forum please call **028 3025 2423**.

Links Counselling - Confidential and professional counselling. To contact Links Counselling Service please call **028 3834 2825**.

Lifeline - 24hr support for those in distress or despair. To contact lifeline please call **0808 808 800**.

Samaritans - Providing emotional support to anyone in emotional distress, struggling to cope or at risk of suicide. To contact Samaritans please call **116 123**.

Zest for Life Counselling and Training Services - Counselling and psychotherapy for individuals, couples, children, adolescents, families and groups. To contact Zest for Life Counselling and Training, please call **07818 088 314 / 07894 388 371**.

Armagh City, Banbridge and Craigavon Borough Council's Investing for Health Team - Advice and support in relation to maintaining a healthy lifestyle, healthy eating, exercise and relaxation. To speak to an Investing for Health Officer please call 0300 0300 900 or email ehealth@armaghbanbridgecraigavon.gov.uk.

Other

Breakthrough Recruitment Ltd - Recruitment throughout Northern Ireland and the UK in all sectors, including key worker roles. Support with CVs and interviews. To contact Breakthrough Recruitment please call Bernadette on **07970 875 039** or email bernadette@breakthroughrecruitment.com.

Clanrye Group - Practical employment support such as assisting with the completion of application forms, building a CV, job search techniques etc. To contact Clanrye Group please call **028 3089 8119** or email info@clanryegroup.com.

Armagh City, Banbridge and Craigavon Borough Council Contact Information

To keep up-to-date with information and support available please go to:

- Website: www.armaghbanbridgecraigavon.gov.uk
- Facebook: www.facebook.com/armaghbanbridgecraigavon
- Twitter: www.twitter.com/abcb_council