



**Armagh City  
Banbridge  
& Craigavon**  
Borough Council

**Leisure Transformation Programme**

**Staff Engagement**

**Weekly update from the 'Leisure Transformation Project Team'**

**24<sup>th</sup> April 2020**



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### **Staff Engagement**

As you are aware that despite the disruption, the 'Leisure Transformation Project Team' continue to plan for the opening of SLLC, and to move forward with the Transformation Programme as far as is practicable.

The team have committed to communicate with our indoor leisure staff as effectively and as regularly as we can.

In this update, we will focus on a number of issues: Covid-19 situation, Gym fit out across the Borough, proposed rotas for OLC & BLC, configuration of 50mt pool water, encouraging members/customer to keep fit and staff questions/queries.

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## **Covid-19 Update**

As you are aware, Northern Ireland's coronavirus lockdown is extended until 9 May, therefore the operating practices in place now will remain until further notice, while being continually monitored by senior management. At this time, it is important to note that as the duration of this situation extends, there is an even greater demand on some support services across many areas of council. Staff are doing a tremendous job; however, more help is needed, so I would encourage officers to volunteer in any way possible by logging on to [www.armaghbanbridgecraigavon.gov.uk/staff-expressions-ofinterest](http://www.armaghbanbridgecraigavon.gov.uk/staff-expressions-ofinterest), or contacting your Line Manager.

**All help offered is gratefully appreciated.**

## **Lord Mayor launches ABC Get Creative**

On Easter Monday, the Lord Mayor launched 'ABC Get Creative', a fun initiative for children to get them to use their imaginations in a great way to keep mentally active and stay healthy. She encouraged children to get busy in their 'isolation inspiration stations' and produce a piece of art, based on the theme 'What makes you happy?'

It can be a painting, a drawing, sculpture, collage or any other medium. This initiative is open to all age ranges from tots to teens, and it aims to put a smile on everyone's face. The artwork will be posted on the website and Facebook page to help brighten up everyone's day.

So, if you have children at home, get them busy painting and simply take a photo of their finished masterpiece (just the artwork please) and send it along with their name, age and where you live to [abcgetcreative@armaghbanbridgecraigavon.gov.uk](mailto:abcgetcreative@armaghbanbridgecraigavon.gov.uk).

Further information is available on  
[www.armaghbanbridgecraigavon.gov.uk/abcgetcreative](http://www.armaghbanbridgecraigavon.gov.uk/abcgetcreative)

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### **Inspiring colleagues keep us motivated!**

We have enlisted the help of a team of experts from within council including Fitness Instructors, Sports Coaches, Recreation and Health Improvement Officers, and teamed up with representatives from partner organisations such as Macmillan Cancer Support, Sport NI and Disability Sport NI, to inspire us to maintain a healthy balance between body, mind and soul throughout this challenging time.

Our experts have produced a library of fun-filled, relaxing and fast-paced videos, with everything from dance routines and Tai Chi to Pilates and low intensity workouts, for staff to embrace and enjoy. Take your pick from the videos here <https://bit.ly/34lamf6> there is guaranteed to be something for everyone!

### **Data Protection during a crisis**

With the correct application of flexibility in our response to COVID19, we can carry out our statutory role and engage to keep the public safe and supported during this public health emergency. We must continue to acknowledge the important role that people's information rights have, both in relation to privacy protections and transparency around our decision-making.

A short presentation on how to comply with the law is available on the Staff Updates page [www.armaghbanbridgecraigavon.gov.uk/staffupdates](http://www.armaghbanbridgecraigavon.gov.uk/staffupdates). If you have any questions please contact [dataprotection@armaghbanbridgecraigavon.gov.uk](mailto:dataprotection@armaghbanbridgecraigavon.gov.uk)

### **Party Leaders Appreciation**

Party Leaders are keen to acknowledge the hard work and dedication of all our employees during this challenging time. They have expressed sincere thanks to all staff, and particularly acknowledged the fantastic contribution essential and support services are playing to serve the citizens of the borough so diligently.

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## **Staff highlights**

If you have information or stories to share about your work, which can be highlighted on our social media channels. We would like to share with the wider community your hard work and commitment to supporting the local community at this challenging time.

Contact the Communications Team  
on: [communications@armaghbanbridgecraigavon.gov](mailto:communications@armaghbanbridgecraigavon.gov).

## **Gym fit outs**

The new fitness equipment that is being installed across all our indoor leisure facilities has been purchased from a leading provider in the leisure industry 'Life Fitness' which is being supplied through 'Fitt'r'.

The equipment and design is in keeping with a high-end private Leisure operator and will be a real asset to all of our facilities.

The Life Fitness equipment will have unique products in line with the latest fitness trends following consultation with the Fitness teams.

The equipment will include curved treadmills, assault bikes, Jacob Ladders, spin bikes with a virtual class function built in, Synergy rig, Rowers, Cybex and Insignia range of weights machines and weights.

As you all know each of the indoor facilities vary in size; therefore, the equipment provided will depend on this and what staff have requested to meet customer's needs.

We have received a number of images from Fitt'r showing the proposed layout of the gyms; to date we have received; Dromore Recreation Centre, Gilford Recreation Centre, Keady Recreation Centre, Rathfriland Recreation Centre, South Lake Leisure Centre and Tandragee Recreation Centre.

To view these images please open the document: Gym fit out images.

Banbridge Leisure Centre and Orchard Leisure Centre images will be shared as soon as we receive them.

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### **Proposed Rotas for OLC and BLC**

As you are already aware the 'Leisure Transformation Team' communicated copy of the proposed draft, rotas for those staff working at OLC and BLC at the end of Feb 2020 through the Duty Officers and Leisure Champions.

These rotas have been updated; however, not in content but to make them clearer for staff to understand.

Please open the document: Copy of proposed rotas for OLC and BLC.

### **Configuration of 50mt Pool Water**

Below are some links that have been provided by Vario Pools that shows how the technology installed in the 50mt pool at SLLC allows this pool to be used flexibly and to its maximum potential:

1. Day program swimming pool |  
<https://www.youtube.com/watch?v=ApLixfNT91I&t=68s>
2. Variopool maximum floor load |  
<https://www.youtube.com/watch?v=O26mH02d3cE>
3. Submersible bulkhead |  
<https://www.youtube.com/watch?v=5ZkU6B1Asx8>
4. Disabled access platform |  
<https://www.youtube.com/watch?v=TRxW20u4byo>
5. How to position a traversal bulkhead |  
<https://www.youtube.com/watch?v=IKIsZVAYphI>

**\*\* Bear in mind that our installation at SLLC may not be an exact match of this...**

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### **Encouraging members/customers to keep fit**

The 'Leisure Transformation Project Team' would like to say thank you to our fitness instructors who have created a number of fitness routines of varying activity and intensity level; to view a routine follow this link [https://www.youtube.com/watch?v=AXQIVVuF\\_WA](https://www.youtube.com/watch?v=AXQIVVuF_WA)

These are designed to help us engage with our members/customers to encourage them to continue to keep to working out at home during this time.

If you would like to get involved, please contact Paul Coleman:  
[paul.A.coleman@armaghbanbridgecraigavon.gov.uk](mailto:paul.A.coleman@armaghbanbridgecraigavon.gov.uk)

### **Staff Questions/Queries**

The 'Leisure Transformation Project Team' are interested in hearing from you, if you have any questions/queries or have a specific issue that you would like us to address during this unusual period of closure, please contact:

[joanne.grattan@armaghbanbridgecraigavon.gov.uk](mailto:joanne.grattan@armaghbanbridgecraigavon.gov.uk) with the detail.

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