



**Armagh City  
Banbridge  
& Craigavon**  
Borough Council

**Leisure Transformation Programme**

**Staff Engagement**

**Weekly update from the 'Leisure Transformation Project Team'**

**17<sup>th</sup> April 2020**



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## **Staff Engagement**

The 'Leisure Transformation Project Team' hope that you had a safe and peaceful Easter.

As you are aware that despite the disruption, the 'Leisure Transformation Project Team' continue to plan for the opening of SLLC, and to move forward with the Transformation Programme as far as is practicable.

The team have committed to communicate with our indoor leisure staff as effectively and as regularly as we can.

In this update, we will focus on a number of issues: Covid-19 situation, update on SLLC build, Indoor leisure services training programme (SLLC), encouraging members/customer to keep fit and staff questions/queries.

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## Covid-19 Update

### **Useful webinars**

The Local Government Staff Commission (LGSC) has sourced a number of excellent webinars to help local government staff deal with the rapid work and life changes we are all currently experiencing.

Check out the webinars below and keep an eye out on their website for further updates over the next few weeks <https://bit.ly/2JOSuFB>

For guidance on dealing with fear, worry and doubt and adjusting to sudden changes in work and life log onto Zest Coaching <https://bit.ly/2JSNVda>

For key information on immune support with vital nutrition, check out Vital Nutrition <https://bit.ly/2y30mQY>

### **Coronavirus and loneliness**

With the majority of staff working remotely, and everyone practising social distancing and following the government guidelines, it is more difficult than ever to maintain social connections.

As the weeks are rolling on, many of us will be starting to feel bouts of loneliness and isolation. We will miss seeing family, friends, and taking part in our usual hobbies, interests, routines and activities.

It is vital that we stay in touch with colleagues, friends and/or family to help us through. Check in online or over the phone each day as this will help you feel connected and more positive.

If you feel like you are struggling, please avail of the Council's 'Inspire Workplace' service. It is a valuable free resource for staff to use to help protect their mental health and support their general wellbeing, which is vitally important for us all right now. You can find out how to use their services and how to contact them here <https://bit.ly/2RjCAax>

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### **Active Recreation Officers helping us all to get moving!**

Our Active Recreation Officers are working hard to keep the borough moving while staying at home! If you want to fit some fitness into your routine, grab your trainers and check out their fantastic videos here <https://bit.ly/2RjCAax>

### **Update on SLLC build**

Farran's has suspended work at the SLLC site; however this situation is being reviewed on a regular basis and work will recommence as soon as it is deemed safe to do so in accordance with Government guidelines.

It is still Council's intention that we will open this building on the date advertised which is 15th August 2020; however, this is dependent on this continually changing situation.

### **Indoor Leisure Service training programme (SLLC)**

Mark Wilson is continuing to formulate the new training programme for those members of staff who will be working in the SLLC building.

He is considering a number of options (which includes an on-line option) to ensure that staff can partake in training during this closure period given that there is limited time for all staff to complete this substantial training schedule.

We will keep you up dated regarding this issue.

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### **Encouraging members/customers to keep fit**

The 'Leisure Transformation Project Team' would like to say thank you to our fitness instructors who have created a number of fitness routines of varying activity and intensity level; to view a routine follow this link [https://www.youtube.com/watch?v=AXQIVVuF\\_WA](https://www.youtube.com/watch?v=AXQIVVuF_WA)

These are designed to help us engage with our members/customers to encourage them to continue to keep to working out at home during this time.

If you would like to get involved, please contact Paul Coleman:  
[paul.A.coleman@armaghbanbridgecraigavon.gov.uk](mailto:paul.A.coleman@armaghbanbridgecraigavon.gov.uk)

### **Staff Questions/Queries**

The 'Leisure Transformation Project Team' are interested in hearing from you, if you have any questions/queries or have a specific issue that you would like us to address during this unusual period of closure, please contact:

[joannegrattan@armaghbanbridgecraigavon.gov.uk](mailto:joannegrattan@armaghbanbridgecraigavon.gov.uk) with the detail.

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