

1. Cybex Sparc added to layout  
2. 2no HD rack & platform omitted  
3. 1n Perimeter 3 rack and 3no platform added  
4. Mirrors reconfigured  
5. Freeweights area equipment layout reconfigured.

1. GX Rowers replaced with Concept II Rowers  
2. Watt Bikes omitted. Replace with IC8 Cycle  
3. Omit 1no IC8 with my ride.  
4. Add 1no Powermill  
5. Omit 1no Jacobs Ladder  
6. Add 1no additional Performance Sled  
7. Omit 1no Arc Trainer  
8. Relocate 1no Cybex Sparc  
9. Add 1no Single Medicine Ball Rack  
10. Add 2no 3in1 Plyobox Set.

Cardiovascular Equipment

- A Indoor Cycle - IC8 x 5  
B Concept II Rower x 4  
C Treadmill - S Base SE3HD x 7  
D Jacob's Ladder x 2  
E Recumbent Bike - S Base SE3HD  
~~F Arc Trainer - SE3HD~~  
G Cross-Trainer - S Base SE3HD x 4  
H Power Mill - Discover SE3HD  
I Cybex Sparc

Resistance Equipment

- 1 Dual Adjustable Pulley - IFI  
2 Synrgy 360XM Mix  
3 Seated Leg Press - Insignia  
4 Chest Press - Insignia  
5 Hip Abductor / Adductor - Optima  
6 Pulldown - Insignia  
7 Seated Leg Curl - Insignia  
8 Leg Extension - Insignia  
9 Shoulder Press - Insignia  
10 Performance Sled x2  
11 Glute / Ham  
12 Back Extension - Core  
13 Arm Curl Bench - Sig  
14 Adjustable Abdominal Bench - Sig x 2  
15 Multi-Adjustable Bench - Sig x 6  
16 Chin / Dip / Leg Raise - Sig  
17 Barbell Rack  
18 Dumbbell Rack Double x 2  
19 4' X 8' Platform - HDE x 3  
20 Perimeter 3 - HDA  
21 3in1 Plyobox Set x 2  
22 Single Medicine Ball rack x 1

LEGEND

- 13 amp low level socket  
low level co axial  
low level data point  
20 amp low level socket

ELECTRICAL NOTES

THIS DRAWING INDICATES FITNESS SUPPLIER SMALL POWER REQUIREMENTS AND SHOULD BE READ IN CONJUNCTION WITH ANY RELEVANT CONSULTANTS SERVICE DRAWINGS.

USE OF SKIRTING TRUNKING/ FLOOR SOCKETS/BOXES TO BE SPECIFIED BY OTHERS. PRODUCT SPECIFICATION/FINISH TO BE AGREED.

ELECTRICAL CONTRACTOR TO ENSURE COMPLIANCE WITH ALL RELEVANT PERMISSIONS AND REGULATIONS AS RELEVANT.

ELECTRICAL CONTRACTOR TO LIAISE WITH FITTR ON EXACT LOCATIONS OF ALL VISIBLE FIXTURES

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SOUND SYSTEM, WELCOME DESK SERVICE REQUIREMENTS, CLEANER SOCKETS, ANY POWER RELATING TO SUNDRY ITEMS SUCH AS WATER COOLERS OR SIMILAR, LIGHTING & CONTROLS, MECHANICAL WORKS TO INCLUDE HEATING AND COOLING, VENTILATION, FIRE ALARM, SMOKE DETECTION ETC.

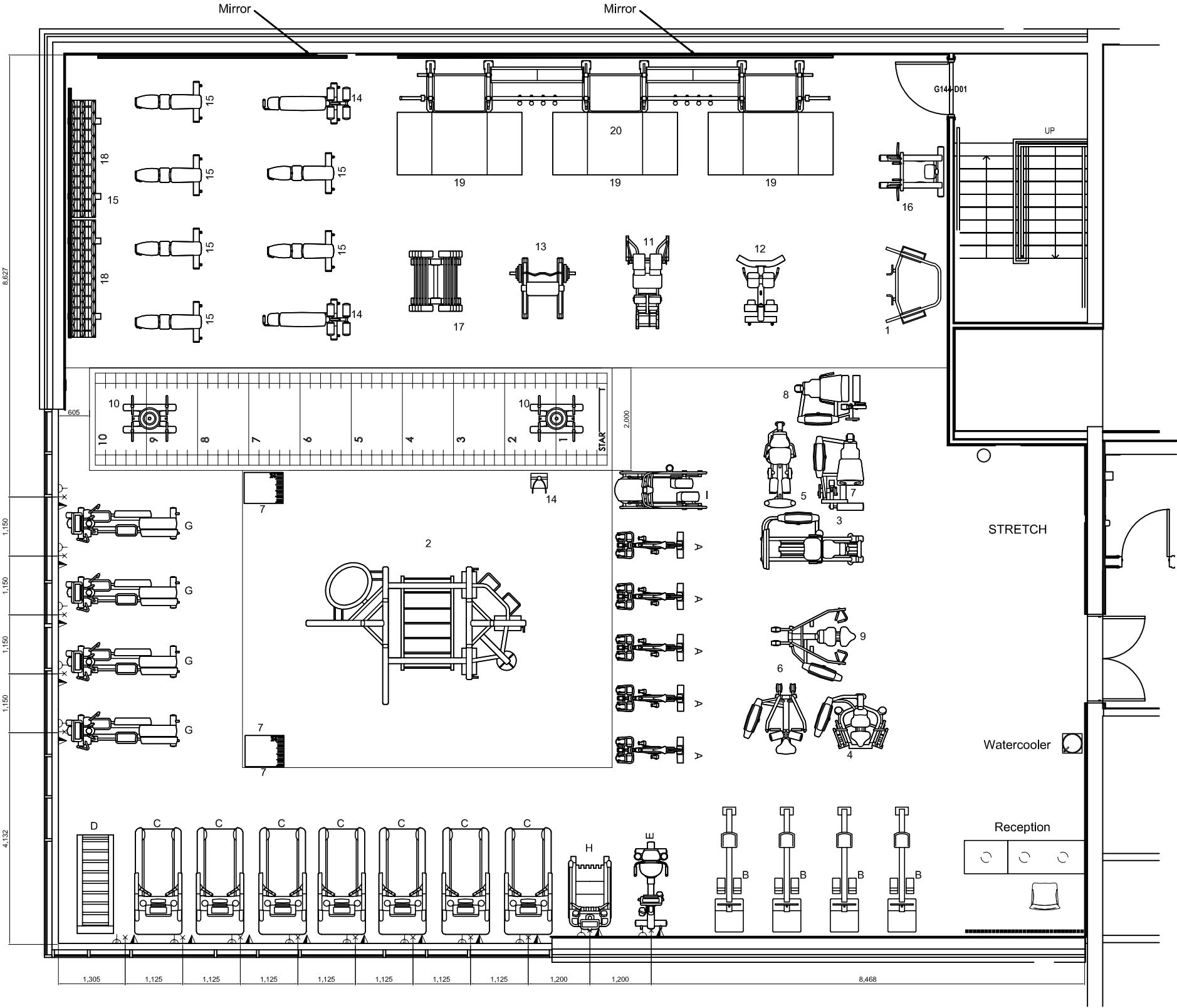
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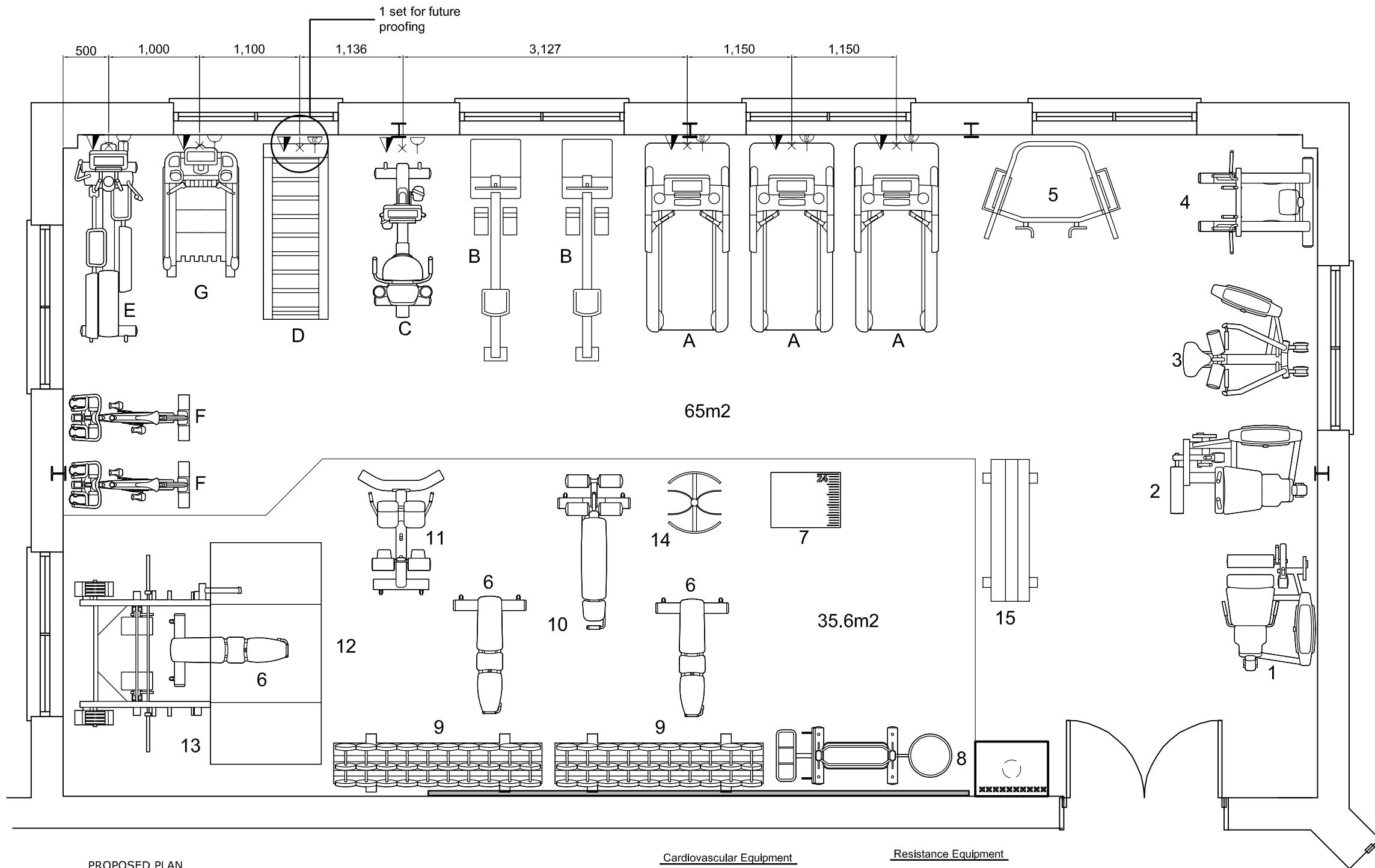


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CLIENT	ABC COUNCIL
PROJECT	DROMORE COMMUNITY CENTRE
DRAWING	PROPOSED FITNESS EQUIPMENT, SMALL POWER
SCALE	1:100 @ A3
REVISION	B
DWG NO	20-002-100
DATE	20.02.2020



PROPOSED PLAN



PROPOSED PLAN

Cardiovascular Equipment

- A Treadmill - S Base SE3HD x 3
- B Concept II Rower x 2
- C Recumbent Bike - S Base SE3HD
- D Jacob's Ladder
- E Cross-Trainer - S Base SE3HD x 1
- F Indoor Cycle - IC8 x 2
- G Power Mill - Discover SE3HD x 1

Resistance Equipment

- 1 Leg Extension - Insignia
- 2 Seated Leg Curl - Insignia
- 3 Pulldown - Insignia
- 4 Chin / Dip / Leg Raise - Sig
- 5 Dual Adjustable Pulley - IFI
- 6 Multi-Adjustable Bench - Sig x 3
- 7 Plyo Box 3in1
- 8 SAR - Endurance Package
- 9 Dumbbell Rack Double x2
- 10 Adjustable Abdominal Bench - Sig
- 11 Back Extension - Core
- 12 4' X 8' Platform - HDE
- 13 Half Rack - HD Elite
- 14 Double Medicine Ball Rack
- 15 Kettlebell Rack

Rev A JP 08.04.20

- 1. GX Rowers replaced with Concept II Rowers
- 2. Watt Bike replaced with IC8 Cycle
- 3. Omit 1no Crosstrainer. Replace with 1no Powermill. Power arrangements retained as previous.
- 4. Add 1no Double Medicine Ball Rack.
- 5. Add 1no 3 tier Kettlebell Rack
- 6. Omit 2no Plyobox. replace with 1no 3in1 Plyobox set,
- 7. Increase dumbell rack quantity from no to 2no.

LEGEND

- 13 amp low level socket
- low level co axial
- low level data point
- 20 amp low level socket

ELECTRICAL NOTES

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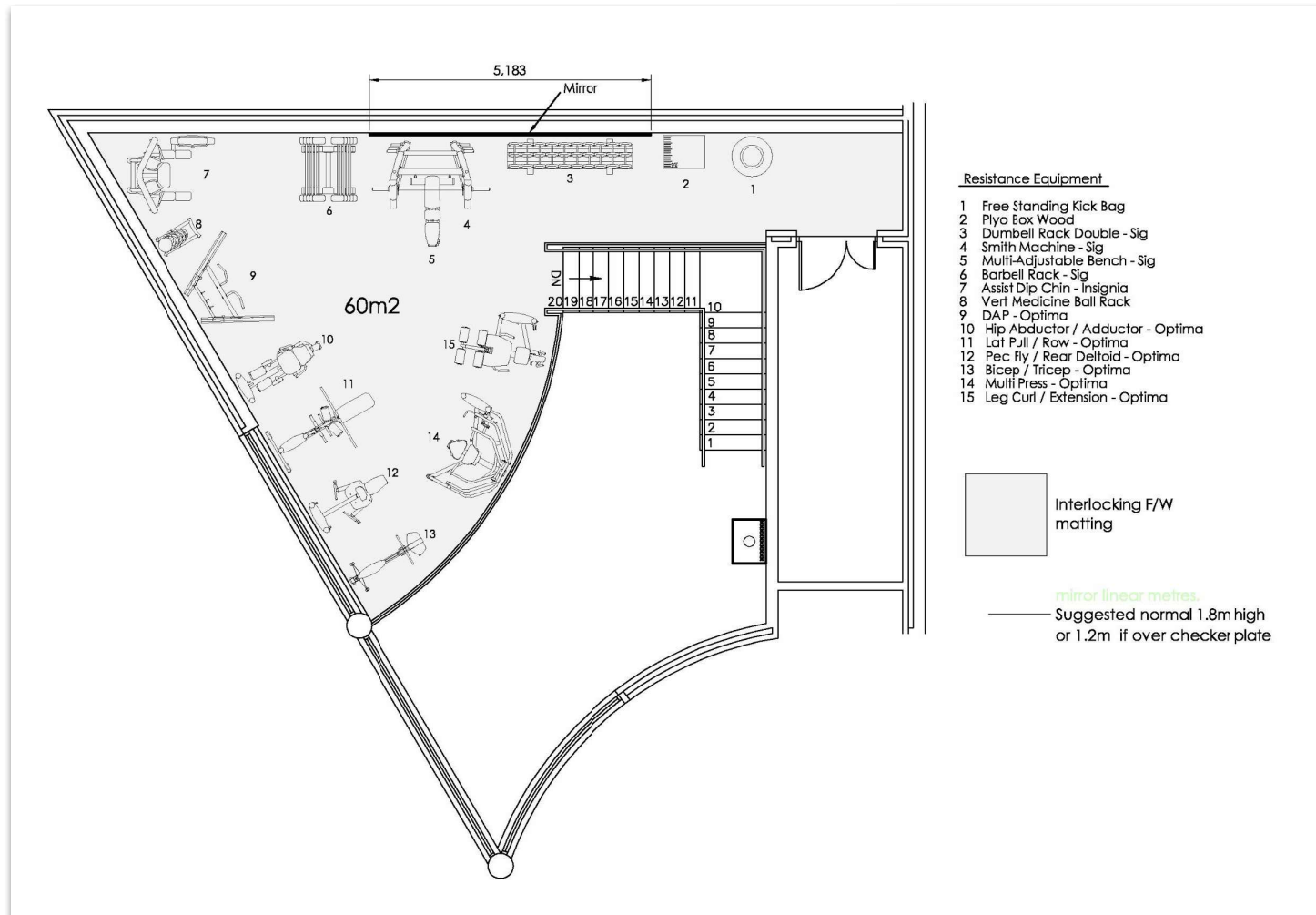
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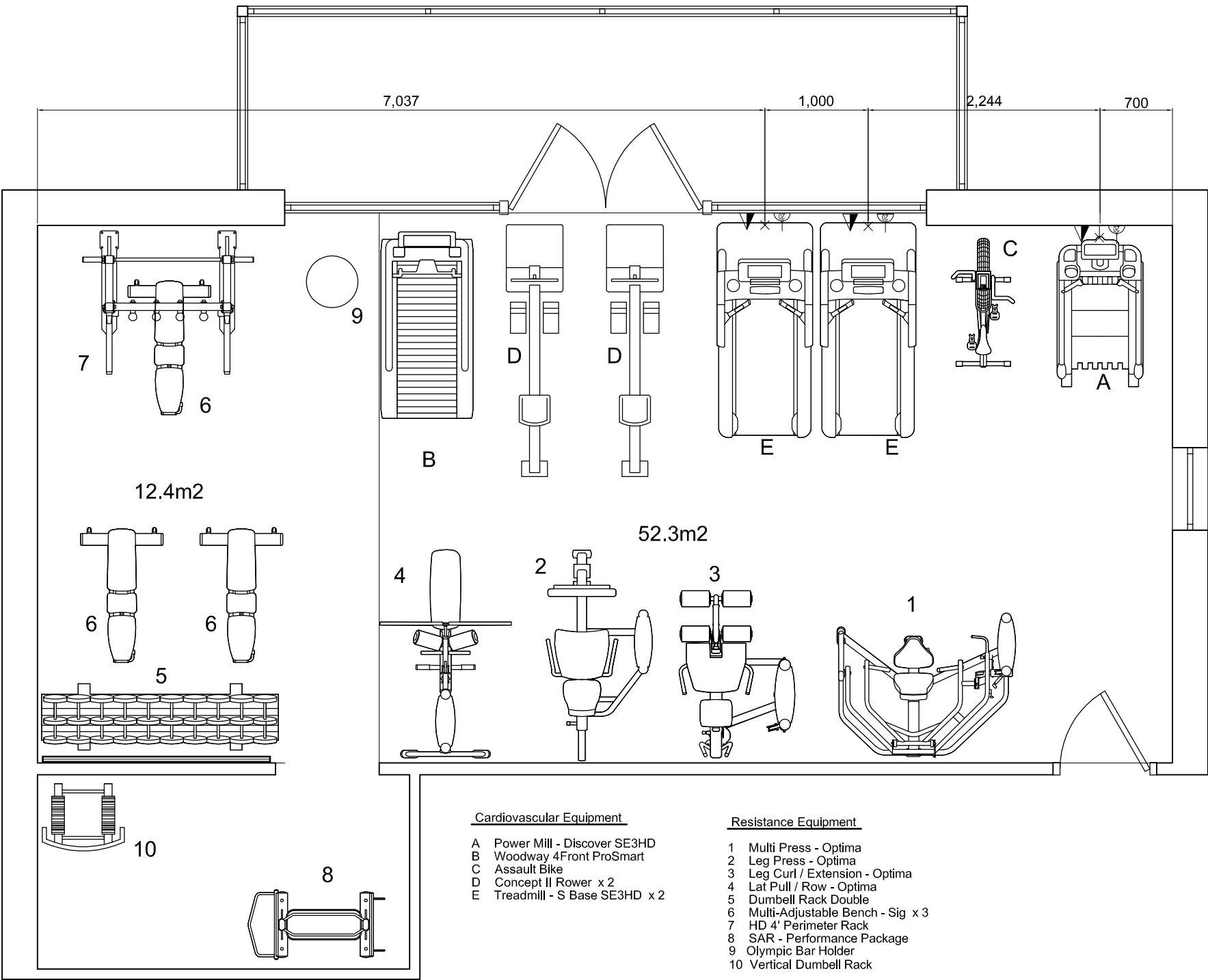


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CLIENT	ABC COUNCIL
PROJECT	GILFORD RECREATION CENTRE
DRAWING	PROPOSED FITNESS EQUIPMENT, SMALL POWER
SCALE	1:50 @ A3
REVISION	A
DWG NO	20-002-103
DATE	20.02.2020



Proposed Plan

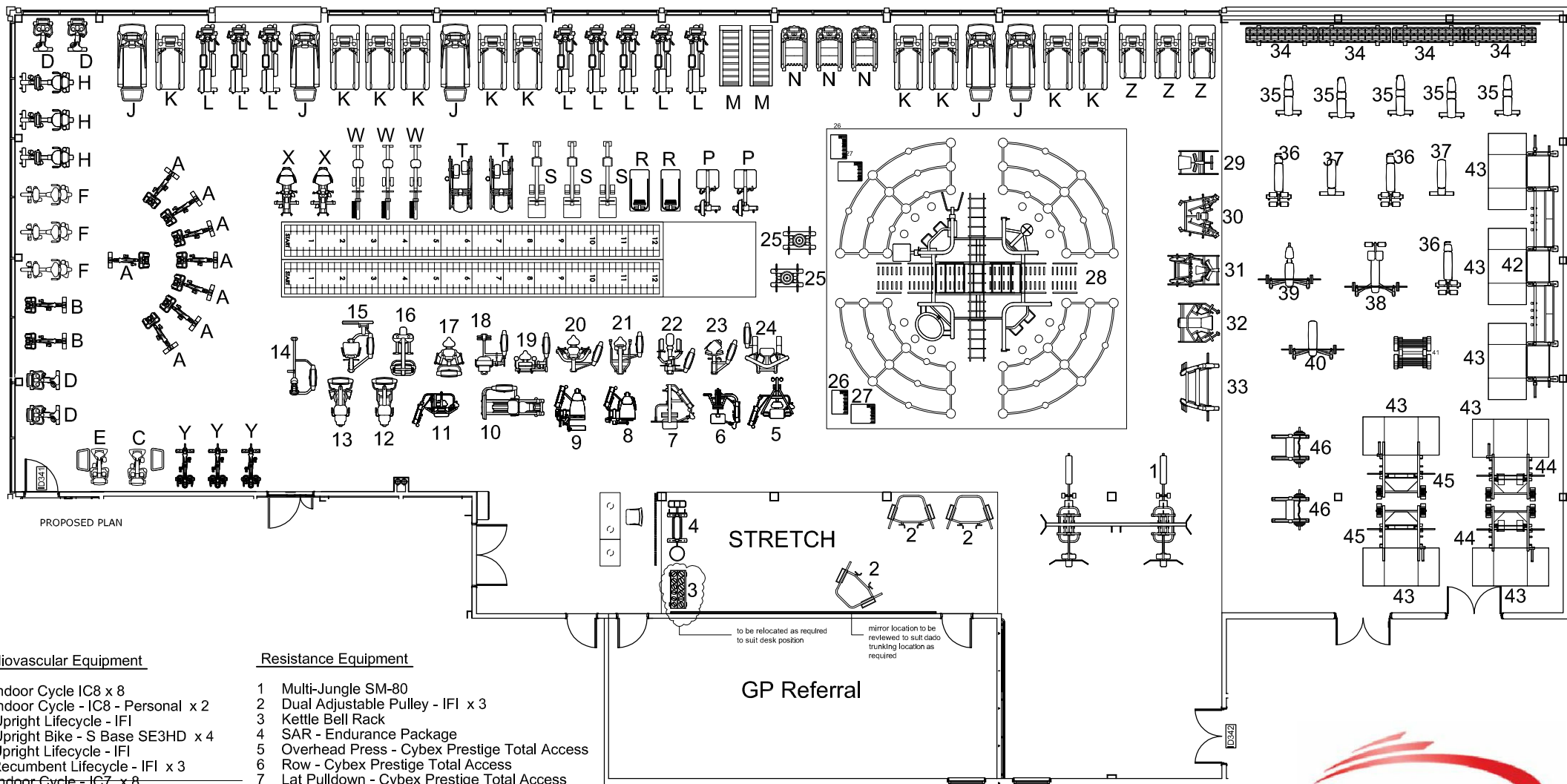


PROPOSED PLAN



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CLIENT	ABC COUNCIL
PROJECT	RATHFRILAND COMMUNITY CENT.
DRAWING	PROPOSED FITNESS EQUIPMENT, SMALL POWER
SCALE	1:50 @ A3
REVISION	A
DWG NO	20-002-106
DATE	20.02.2020



#### Cardiovascular Equipment

- A Indoor Cycle IC8 x 8
- B Indoor Cycle - IC8 - Personal x 2
- C Upright Lifecycle - IFI
- D Upright Bike - S Base SE3HD x 4
- E Upright Lifecycle - IFI
- F Recumbent Lifecycle - IFI x 3
- G Indoor Cycle - IC7 x 8
- H Recumbent Bike - S Base SE3HD x 3
- J Treadmill - IFI x 5
- K Treadmill - S Base SE3HD x 10
- L Cross-Trainer - S Base SE3HD x 8
- M Jacob's Ladder x 2
- N Power Mill - Discover SE3HD x 3
- P GX Upper Cycle x 2
- R Concept2 SkiErg - Floor x 2
- S Concept II Rower x 3
- T Sparc Trainer x 2
- W Concept II Rower - IFI x 3
- X SCIFIT PRO2 Total Body x 2
- Y Assault Bike x 3
- Z Curve Treadmill x 3

#### Resistance Equipment

- 1 Multi-Jungle SM-80
- 2 Dual Adjustable Pulley - IFI x 3
- 3 Kettle Bell Rack
- 4 SAR - Endurance Package
- 5 Overhead Press - Cybex Prestige Total Access
- 6 Row - Cybex Prestige Total Access
- 7 Lat Pulldown - Cybex Prestige Total Access
- 8 Leg Extension - Cybex Prestige Total Access
- 9 Seated Leg Curl - Cybex Prestige Total Access
- 10 Seated Leg Press - Insignia
- 11 Chest Press - Cybex Prestige Total Access
- 12 Hip Abductor - Insignia
- 13 Hip Adductor - Insignia
- 14 Glute - Insignia
- 15 Calf Extension - Insignia
- 16 Fly/Delt - Insignia
- 17 Pec Fly - Insignia
- 18 Back Extension - Insignia
- 19 Abdominal - Insignia
- 20 Bicep Curl - Insignia
- 21 Tricep Press - Insignia
- 22 Lat Raise - Insignia

- 23 Torso Rotation - Insignia
- 24 Assist Dip Chin - Insignia
- 25 Performance Sled x 2
- 26 Plyo Box Black x 2
- 27 Plyo Box Wood x 2
- 28 Synrgy 360XL Mix
- 29 Seated Calf Raise - HPL
- 30 Iso-Lateral D.Y. Row
- 31 Iso-Lateral Front Lat Pulldown - HPL
- 32 Iso-Lateral Bench Press - HPL
- 33 Smith Machine - Sig
- 34 Dumbbell Rack Double x 4
- 35 Multi-Adjustable Bench - Sig x 5
- 36 Adjustable Abdominal Bench - Sig x 3

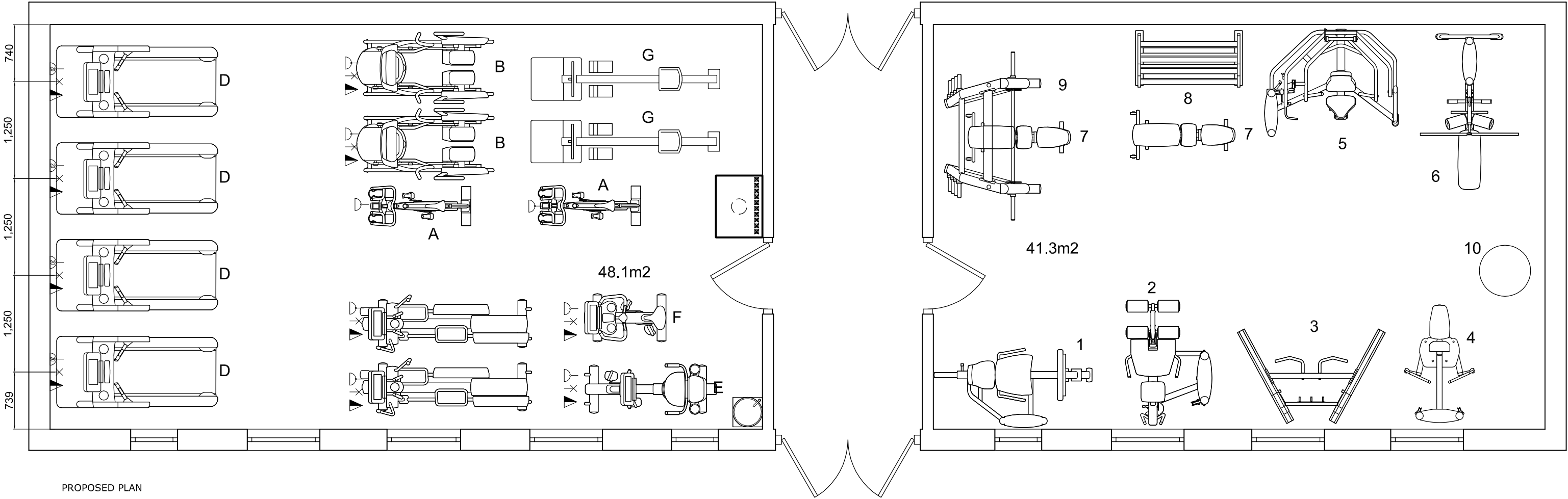
- 37 Flat Bench - Sig x 2
- 38 Olympic Decline Bench - Sig
- 39 Olympic Incline Bench - Sig
- 40 Olympic Flat Bench - Sig
- 41 Barbell Rack
- 42 Perimeter 3 - HDA
- 43 4' X 8' Platform - HDE x 7
- 44 Half Rack - HD Elite x 2
- 45 Multi Rack - HD Elite x 2
- 46 Arm Curl Bench - Sig x 2



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CLIENT	ABC COUNCIL
PROJECT	SOUTH LAKES LEISURE
DRAWING	CENTRE PROPOSED FITNESS EQUIPMENT, SMALL POWER
SCALE	No Scale @ A4
REVISION	C
DWG NO	SK-002
DATE	24.04.2020





PROPOSED PLAN

Cardiovascular Equipment

- A Indoor Cycle - IC8 - Myride Personal x 2
- B Arc Trainer - SE3HD x 2
- C Cross-Trainer - S Base SE3HD x 2
- D Treadmill - S Base SE3HD x 4
- E Recumbent Bike - S Base SE3HD
- F Upright Bike - S Base SE3HD
- G Concept II Rower x 2

Resistance Equipment

- 1 Leg Press - Optima
- 2 Leg Curl / Extension - Optima
- 3 DAP - Optima
- 4 Rear Delt/ Pec Fly - Optima
- 5 Multi Press - Optima
- 6 Lat Pull / Row - Optima
- 7 Adjustable Bench - Optima x 2
- 8 3 tier Dumbell Rack
- 9 Smith Machine - Sig

ELECTRICAL NOTES

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LEGEND

- 13 amp low level socket
- low level co axial
- low level data point
- 20 amp low level socket

Rev A JP 08.04.20  
1. GX Rowers replaced with Concept II Rowers,Position moved  
2. Arc trainers - location moved. Power relocated to suit. Subject to M&E Consultant review



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CLIENT	ABC COUNCIL
PROJECT	TANDRAGEE RECREATION CENT.
DRAWING	PROPOSED FITNESS EQUIPMENT, SMALL POWER
SCALE	1:50 @ A3
REVISION	A
DWG NO	20-002-107
DATE	20.02.2020