|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Name of Equipment** | **Number of models** | **Make of Equipment** | **Model of Equipment** | **Internet Connected** | **TV Connected** | **Mains Powered** | **Self Powered** |
| Treadmill | x2 | Technogym | Technogym | 🗶 | 🗶 | ✓ | 🗶 |
| Treadmill | x1 | Pulse  | Pulse  | 🗶 | ✓ | ✓ | 🗶 |
|  |  |  |  |  |  |  |  |
| Recumbent Bike | x1 | Technogym | Technogym | 🗶 | 🗶 | 🗶 | ✓ |
| Cross Trainer | x2 | Technogym | Technogym | 🗶 | 🗶 | 🗶 | ✓ |
| Upright Bike | x1 | Technogym | Technogym | 🗶 | 🗶 | 🗶 | ✓ |
| Upright Bike | x1 | Technogym | Technogym | 🗶 | 🗶 | 🗶 | ✓ |
| Indoor Rower | x2 | Concept | Concept 2 Model E | 🗶 | 🗶 | 🗶 | ✓ |
| Arm Cycle | x2 | Fluid Ergometer | IFI Accredited | 🗶 | 🗶 | 🗶 | ✓ |
| Thera trainer  | X1 |  |  | 🗶 | 🗶 | ✓ | 🗶 |

**Craigavon Leisure Centre List of Cardiovascular Equipment for Trade in.**

**Weights Equipment for Trade in.**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Name of Equipment** | **Number of models** | **Make of Equipment** | **Model of Equipment** | **Internet Connected** | **TV Connected** | **Mains Powered** | **Self Powered** |
| Bench | x7 | PulseBody-solidBody-solid | 1x flat bench 4x Adjust. Bench Black 1x adjust bench press1x fixed decline bench press | 🗶 | 🗶 | 🗶 | 🗶 |
| Leg pressLeg press  | x1x1 | TechnogymWeight loaded  | IFI AccreditedPlate Loaded 45 DegreeLeg Press Black/yellow | 🗶 | 🗶 | 🗶 | 🗶 |
| Calf raise | x1 | TechnogymWeight loaded  | Weight loaded | 🗶 | 🗶 | 🗶 | 🗶 |
| Leg extension  | x1 | Pulse  | 560G | 🗶 | 🗶 | 🗶 | 🗶 |
| Leg curl  | x1 | Technogym |  | 🗶 | 🗶 | 🗶 | 🗶 |
| GHD Machine  | X1 | Bodymax  |  | 🗶 | 🗶 | 🗶 | 🗶 |
| Shoulder press | x1 | Technogym | IFI Accredited | 🗶 | 🗶 | 🗶 | 🗶 |
| Chest press | x1 | Technogym | IFI Accredited | 🗶 | 🗶 | 🗶 | 🗶 |
| Pec dec  | x1 | Technogym | IFI Accredited | 🗶 | 🗶 | 🗶 | 🗶 |
| Lat pulldown  | x1 | R2 Strength  | IFI Accredited | 🗶 | 🗶 | 🗶 | 🗶 |
| Seated row  | x1 | Pulse  | IFI Accredited G9032 | 🗶 | 🗶 | 🗶 | 🗶 |
| Upper body pull up conditioner  | x1 | Pulse  | Adjustable for dips/pullups  | 🗶 | 🗶 | 🗶 | 🗶 |
| High/low pulley  | X1 | Pulse  | G782 | 🗶 | 🗶 | 🗶 | 🗶 |
| Cable crossover  | X1 | Pulse  | G12142 | 🗶 | 🗶 | 🗶 | 🗶 |
| **Name of Equipment** | **Number of models** | **Make of Equipment** | **Model of Equipment** | **Internet Connected** | **TV Connected** | **Mains Powered** | **Self Powered** |
| Dumbbell | x1(60kg) | York  | 60kg (black) | 🗶 | 🗶 | 🗶 | 🗶 |
| Dumbbell  | X1 (37.5kg) | Pro-active  | 37.5kg (black) | 🗶 | 🗶 | 🗶 | 🗶 |
| Dumbbells  | X2 (5kg)X1 (3kg) | Bodymax  | Hex (black) with silver handles  | 🗶 | 🗶 | 🗶 | 🗶 |
| Chrome Dumbbells | 30(15 Pairs, 7.5kg-50kg) | Pulse (silver and black handles) | Unknown | 🗶 | 🗶 | 🗶 | 🗶 |
| Dumbbell Rack | 2 | Pulse  |  | 🗶 | 🗶 | 🗶 | 🗶 |
| Kettlebells  | X3 pairs 4kg,8kg,12kgX1 single  | Fitness-madBodymax | Multi-colour Black with silver handles | 🗶 | 🗶 | 🗶 | 🗶 |
| **Name of Equipment** | **Number of models** | **Make of Equipment** | **Model of Equipment** | **Internet Connected** | **TV Connected** | **Mains Powered** | **Self-Powered** |
| Plates  | 4x25kg red 10x5kg red4.2.5kg red4x15kg grey 2x15kg red4x2.5kg1x1.25kg4x10kg4x20kg2x10kg  | Casall Sweden International Technogym York  |  | 🗶 | 🗶 | 🗶 | 🗶 |
| Olympic Bars  | Ez bar 3x10kg Hammer bar 1x10kg Hex bar 1x25kg 1x10kg barbell 3x20kg barbell  | Power house fitness  |  | 🗶 | 🗶 | 🗶 | 🗶 |