Armagh, Banbridge and Craigavon Borough Council: summary of service mapping

Area of health and wellbeing:
- 74 addressing emotional wellbeing
- 39 addressing mental health
- 39 addressing physical activity
- 54 addressing lifestyle choices
- 11 addressing all 4 areas

Target audience:
- 7 children and young people
- 10 older people
- 57 specialist groups
- 32 whole community

Types of activities
- 17 Specific interventions: universal preventative, targeted intervention
- 22 Clubs and physical activities
- 22 Strategic drivers

Services delivered by:
- Libraries NI
- Public Health Agency
- Ulster GAA
- Volunteer Bureau
- LITCA
- ABC Council
- SHSCT
- Fire & Rescue
- Sport NI

Existing Partners
- Action Mental Health
- Aware
- NSPCC
- The Conservation Volunteers
- Advice for Health
- Start 360
- Irish Menssheds Association
- Disability Sport NI/Live Active NI
- Youth Sport Trust
- NRPB
- Education authority
- Wide range of local community groups eg Acorns for Autism, Armagh Arthritis Care, Armagh & Dunganon and Craigavon ME Support Groups, Appleby Social Centre, Station Road Support Group, Don’t Box Me in, Linenbridge, Women’s Stroke Group, Sensory Rooms Projects,

Existing Partners
- Armagh TSG
- Craigavon TSC
- Toy Box
- SHSCT
- PHA
- OFMDFM
- DfC
- ABC Borough Council
- PSNI
- NIAS
- Lisburn & Castlereagh City Council
- Libraries NI
- Further education colleges
- Peace IV
- Carers Trust
- CAUSE
- CAWT partners
- CST Steering Group
- Women’s Aid
- Spring Trust
- Giford Forum
- Stalking NI
- Ulster GAA
- Camogae Association
- Ladies Gaelic Football Associations
- Irish FA and Ulster Rugby

Existing Partners
- BOATA
- St Mary’s GAA
- Community First Responders
- NR Growing Communities Programme (NRGCP)
- Westenders Seniors
- WAC - Hartford Development Group
- Parkrun
- Sport NI
- Macmillan Cancer Support
- PIPS NM
- VERVE Network
- Cancer Focus NI
- NIBTS
- Athletics NI
- BME organisations eg Polish Association Armagh, Roma/Bulgarian Newcomer families, Polish Saturday School C&B, ABC BME Interagency Forum, The Social Interaction Group
### Target population

| 7 activities targeted at children/young people | 10 activities targeted at older people | 57 activities targeted at specialist groups & those at risk including: disability, long term illness, BME community, traveller community, carers, volunteers, bereaved families, those in deprived areas. | 32 activities relevant to the whole community | 11 activities addressing all 4 areas (emotional wellbeing, mental health, physical activity, lifestyle choice). These include: | Specific interventions | Advice & guidance | Clubs and physical activities | Events | Strategic drivers | Funding |
|---|---|---|---|---|---|---|---|---|---|---|---|
| Protect Life Crisis support | Falls prevention programme | Strategic drivers e.g. Regional action plans, Protect Life | Information and awareness raising e.g. book schemes, signposting | | Coaching programmes | Breastfeeding support | Community gardening & growing schemes; | Community festivals and cultural events | | Mental Health Promotion Action Plan/Suicide Prevention Action Plan and Looked After Children | Financial support to community groups |
| NIFRS Road Safety Strategy 2018 – 21, “Your Choice” programmes. | Home Fire Safety Check programme | Training programmes e.g. mental health promotion and the prevention of suicide and self-harm, child protection, first responders, volunteers | Group crafting activities | | Community health, Investing for Health | Range of clubs e.g. Keep ’er Lit Youth Club, Monday Club, Craft activities | | Intergenerational events | | Strategic drivers/plans |
| Range of clubs e.g. Keep ’er Lit Youth Club, Coaching Programmes, Community Sport Programme, All Stars Summer Scheme, Girls Active | Clubs & activities e.g. Men’s Bowling Group, Monday Club, Keep ’er Lit Youth Club, Men’s Sheds, Community gardening | Specific programmes and interventions e.g. Advice 4 Health service in Daisy Hill Hospital; Stress Control (Glasgow Steps programme); Falls prevention programme; Breastfeeding support; suicide intervention; carer support | Practical support for community groups e.g. financial assistance, advice and guidance | | Community gardening; Falls prevention programme; Delivery of Inclusive Equipment Hubs; Keep ’er Lit Youth Club; Men’s Sheds; PHA funded services - Health Inequalities; Investing for Health | Psychological first aid | | | Delivery of Every Body Active 2020 Strand 1: Opportunities; 4: Capacity Building, Outreach & Small grants; 2: outdoor spaces; Mental Health Promotion Action Plan/Suicide Prevention Action Plan; Looked After Children |
| • Protect Life Crisis support | • Falls prevention programme | • Strategic drivers e.g. Regional action plans, Protect Life | • Information and awareness raising e.g. book schemes, signposting | | • Coaching programmes | • Advice & guidance | • Community gardening & growing schemes; | • Events | • Strategic drivers | • Funding |
| • NIFRS Road Safety Strategy 2018 – 21, “Your Choice” programmes. | • Home Fire Safety Check programme | • Training programmes e.g. mental health promotion and the prevention of suicide and self-harm, child protection, first responders, volunteers | • Group crafting activities | | • Community health, Investing for Health | • Breastfeeding support | • Range of clubs e.g. Keep ’er Lit Youth Club, Monday Club | • Community festivals and cultural events | | • Mental Health Promotion Action Plan/Suicide Prevention Action Plan and Looked After Children | • Financial support to community groups |
| • Range of clubs e.g. Keep ’er Lit Youth Club, Coaching Programmes, Community Sport Programme, All Stars Summer Scheme, Girls Active | • Clubs & activities e.g. Men’s Bowling Group, Monday Club, Keep ’er Lit Youth Club, Men’s Sheds, Community gardening | • Specific programmes and interventions e.g. Advice 4 Health service in Daisy Hill Hospital; Stress Control (Glasgow Steps programme); Falls prevention programme; Breastfeeding support; suicide intervention; carer support | • Practical support for community groups e.g. financial assistance, advice and guidance | | • Community gardening; Falls prevention programme; Delivery of Inclusive Equipment Hubs; Keep ’er Lit Youth Club; Men’s Sheds; PHA funded services - Health Inequalities; Investing for Health | • Range of clubs e.g. Keep ’er Lit Youth Club, Monday Club | • Psychological first aid | | | • Strategic drivers/plans | • Advice & guidance | • Community gardening & growing schemes; | • Events | • Strategic drivers | • Funding |
| • Good Neighbourhoods for Ageing Well | • Scoping exercise and needs assessment | • Governance support e.g. Access NI, recruitment, mentoring, financial assistance | • Community needs assessment | | • Health & Wellbeing Activities e.g. addiction awareness | • Breastfeeding support | • Range of clubs e.g. Keep ’er Lit Youth Club, Monday Club | • Community festivals and cultural events | | • Mental Health Promotion Action Plan/Suicide Prevention Action Plan and Looked After Children | • Financial support to community groups |
| • Support and advice for older people’s groups | • Health & Wellbeing Activities e.g. addiction awareness | • Activity programmes | • Intergenerational events | | • Activity programmes | • Advice & guidance | • Community gardening & growing schemes; | • Events | • Strategic drivers | • Funding |
| • Clubs & activities e.g. Men’s Bowling Group, Monday Club, Keep ’er Lit Youth Club, Men’s Sheds, Community gardening | • Health and wellbeing services | • Physical activities e.g. Couch 2 5k; Parkrun & Junior Parkrun; 7 Hills Challenge (Parks) | • Physical activities e.g. Couch 2 5k; Parkrun & Junior Parkrun; 7 Hills Challenge (Parks) | | • PHA funded services - Health Inequalities, Investing for Health, Home Safety Check Scheme | • Psychological first aid | • Range of clubs e.g. Keep ’er Lit Youth Club, Monday Club | • Community festivals and cultural events | • Strategic drivers/plans | • Funding |
| • Good Neighbourhoods for Ageing Well | • Community needs assessment | • Physical activities e.g. Couch 2 5k; Parkrun & Junior Parkrun; 7 Hills Challenge (Parks) | • VERVE Network | | • PHA funded services - Health Inequalities, Investing for Health, Home Safety Check Scheme | • Home Fire Safety Check | | | | • Strategic drivers/plans | • Advice & guidance | • Community gardening & growing schemes; | • Events | • Strategic drivers | • Funding |
| • Falls prevention programme | • PHA funded services - Health Inequalities, home safety check scheme | • VERVE Network | • Neighbourhood Renewal | | • PHA funded services - Health Inequalities, Investing for Health, Home Safety Check Scheme | • Home Fire Safety Check | • Community gardening & growing schemes; | • Community festivals and cultural events | • Strategic drivers/plans | • Funding |
| • Home Fire Safety Check programme | • Home Fire Safety Check | • Stop smoking services | • Community gardening | | • PHA funded services - Health Inequalities, Investing for Health, Home Safety Check Scheme | • Stop smoking services | • Community gardening & growing schemes; | • Community festivals and cultural events | • Strategic drivers/plans | • Funding |
| • Clubs e.g. Olde Thursday Club, Men’s Sheds | • Community Health Surveillance | • Verve Network | • Neighbourhood Renewal | | • PHA funded services - Health Inequalities, Investing for Health, Home Safety Check Scheme | • Verve Network | • Community gardening & growing schemes; | • Community festivals and cultural events | • Strategic drivers/plans | • Funding |
| • Fall prevention programme | • Good Neighbourhoods for Ageing Well | • Suicide intervention | • Community gardening | | • PHA funded services - Health Inequalities, home safety check scheme | • Suicide intervention | • Community gardening & growing schemes; | • Community festivals and cultural events | • Strategic drivers/plans | • Funding |
| • Home Fire Safety Check | • Scoping exercise and needs assessment | • Home Accident Prevention Programme | • PHA funded services - Health Inequalities, home safety check scheme | | • PHA funded services - Health Inequalities, Investing for Health, Home Safety Check Scheme | • Home Accident Prevention Programme | • Community gardening & growing schemes; | • Community festivals and cultural events | • Strategic drivers/plans | • Funding |
| • Clubs & activities e.g. Men’s Bowling Group, Monday Club, Keep ’er Lit Youth Club, Men’s Sheds, Community gardening | • Governance support e.g. Access NI, recruitment, mentoring, financial assistance | • Falls prevention programme | • Intergenerational events | | • PHA funded services - Health Inequalities, Investing for Health, Home Safety Check Scheme | • Falls prevention programme | • Community gardening & growing schemes; | • Community festivals and cultural events | • Strategic drivers/plans | • Funding |

### Summary of the types of activities identified

**Training**
- Mental health promotion and the prevention of suicide and self-harm;
- Disability volunteers;
- Child protection;

**Education and awareness raising**
- Library & reading schemes;
- Cook it;
- Choose to Lose It;
- Health Awareness Project;

**Specific interventions**
- Protect Life Crisis Support;
- Stress Control (Glasgow Steps programme);
- Suicide intervention;
- Home Accident Prevention Programme;
- Falls prevention programme;
- NIFRS “Your Choice” programmes;
- PHA health inequalities, home safety check scheme;
- Home Fire Safety Check;
- Stop smoking services;
- Verve Network;

**Advice & guidance**
- Breastfeeding support;
- Range of local advice services;
- Advice 4 Health service in Daisy Hill Hospital;
- Community group support e.g. volunteering, recruitment, Access NI;
- First Responders Recruitment;
- Macmillan Health and Wellbeing Service;
- Access & Information Service;
- Carer support;

**Clubs and physical activities**
- Community gardening & growing schemes;
- Range of clubs e.g. Keep ’er Lit Youth Club, Monday Club;
- Craft activities;
- Various physical activity programmes;
- Men’s Shed;
- Aging well Programme;
- Bowling Club;
- Parkrun/Junior Parkrun;
- 7 Hills Challenge;
- Community Sport Programme;
- Cycle for Health Scheme;

**Events**
- Community festivals and cultural events;
- Intergenerational events;

**Strategic drivers**
- Mental Health Promotion Action Plan/Suicide Prevention Action Plan and Looked After Children;
- Protect Life Action Plan;
- People At Risk Partnerships;
- Range of SIF capital projects;
- Regional action plans;
- Every Body Active 2020;
- Good Neighbourhoods for Aging Well;
- Neighbourhood Renewal;
- Community needs assessment;

**Funding**
- Financial support to community groups;