Coach Education & Club Development Programme 2021/2022







Armagh City Banbridge & Craigavon Borough Council

Armagh Banbridge & Craigavon Sports Forum



Welcome

Welcome to the Armagh City, Banbridge and Craigavon Borough Council Coach Education and Club Development Programme for 2021/2022.

At Council, we have a strong commitment to support the ongoing development of coaches, sports volunteers and sports club administrators throughout the Borough. We have compiled this programme to provide opportunities to further develop knowledge and skills, relevant to these roles, in enjoyable and engaging environments. The programme takes a blended approach to delivery with a mixture of online workshop and webinars as well as practical workshops.

The programme offers a mixture of minimum operating standards that are required for good club governance, and club and coach development workshops to support coaches in the day-to-day running of their club sessions, which are practical in nature, relating to achieving optimal performance.

For more information relating to any of the workshops please contact:
Laura O'Hagan, Sports Development Assistant by email at:
laural.ohagan@armaghbanbridgecraigavon.gov.uk

Coach Education & Club Development Programme 2019/2020

Summary

Course	Date	Venue	Time	Cost
Safeguarding Children & Young People in Sport	22/09/21	Online	6.30pm - 9pm	£10.00*
Emergency First Aid for Sport (Hybrid*)	7/10/21 14/10/21	Zoom Ardmore Recreation Centre	6.30pm - 9.30pm 6.30pm - 9.30pm	£15.00*
Income Generation for Sports Clubs	18/10/21	Online	7pm - 8.30pm	£10.00*
Simple Steps to Club Development Planning	26/10/21	Online	7pm - 9pm	£10.00*
Designated Safeguarding Officer	1/11/21 3/11/21	Online	7pm - 8.30pm	£15.00*
Safeguarding Children & Young People in Sport	16/11/21	Online	6.30pm - 9pm	£10.00*
How to Attract & Retain Club Members	9/12/21	Online	7pm - 9pm	£10.00*
Level 2 - Mental Health in Sport	12/01/22	Online	7pm - 8.30pm	FREE
Disability Inclusion Training (Hybrid*)	19/01/22 26/01/22	Zoom Gilford Community Centre	6.30pm - 8.30pm 6.30pm - 9.30pm	FREE
Creating Great Children's Sports Environments (Hybrid*)	02/02/22 23/02/22 16/03/22	Zoom Tandragee Recreation Centre Zoom	7pm - 8pm 7pm - 9pm 7pm - 8pm	£15.00*
Emergency First Aid for Sport (Hybrid*)	15/03/22 22/03/22	Zoom Dromore Community Centre	6.30pm - 9.30pm 6.30pm - 9.30pm	£15.00*
Safeguarding Children & Young People in Sport	29/03/22	Online	6.30pm - 9pm	£10.00*

(Hybrid*) Part of the course is delivered via zoom and part is delivered as a practical session at a venue.

Affiliated clubs of the Sports Forum can avail of free places as part of their affiliation. Voucher codes and separate booking instructions will be issued to these clubs or can be requested from **Laura O'Hagan** at **laural.ohagan@armaghbanbridgecraigavon.gov.uk**



Course Details

Safeguarding Children & Young People in Sport (Online)

This workshop aims to raise awareness of Child Protection issues in sport and introduces participants to the Code of Ethics and Good Practice for Children's Sport. This workshop is important for all adults involved in children's sport, but is particularly recommended for Coaches, Leaders, Administrators and Officials. The workshop which has been adapted for online learning is now delivered in two parts.

Part 1: Mandatory pre-learning that consists of a 25 minute video which is required to be undertaken in advance of the online workshop.
Part 2: Online virtual workshop via Zoom.

Emergency First Aid for Sport (Hybrid)

This 6 hour workshop will cover elements of First Aid applicable to anyone who is responsible for coaching/supervising a team or individuals. A 3 year certificate of competency will be issued following successful assessment. Attendance at both sessions is compulsory.

Part 1: Online 3 hr theory session.
Part 2: Face-to-face 3hr practical session.

Income Generation, Fundraising and Sponsorship for Clubs (Online)

This workshop delivered by Geoff Wilson will focus on how sports clubs can become financially sustainable by generating income from a variety of sources including sponsorship, fundraising and grants/foundations.

Geoff works with the likes of FIFA, UEFA, AFC, FIBA and other global sports organisations in a wide range of areas from strategic planning, marketing and communications, digital, fan engagement, public affairs and knowledge sharing/exchange programmes.

Geoff is a part-time lecturer in marketing at Queen's University Belfast, is former Chair of Netball Northern Ireland and is a current Board Member of Tourism NI.

Simple Steps to Club Development Planning (Online)

This workshop highlights the importance of club planning and provides information on the simple steps that a club can take to create their own development plan, including creating a vision, objectives and actions, as well as who to involve. This workshop is delivered online. A pre-learning task is included as well as digital resources.

Designated Safeguarding Officer (Online)

This workshop aims to support those undertaking the role of Designated Safeguarding Children's Officer in sports clubs including creating an awareness of key legislation and good practice, how to respond in a range of situations of concern and how to develop the standards of safeguarding within a club environment. Attendees must have attended 'Safeguarding Children and Young People in Sport' prior to attending this workshop and must be over 18 years of age.

This workshop will be delivered online in 2 x 1.5hr sessions.
Both sessions need to be undertaken in order to complete the workshop.

How to Attract & Retain Club Members (Online)

This workshop highlights trends in sports clubs membership, how a club might develop membership 'insight' and considers how behaviour change concepts and practical steps may help to attract new members to your club, and retain existing club members for longer. The workshop is delivered via zoom.

Level 2 Mental Health in Sport (Online)

Developed by Sport NI, this free 90mins interactive awareness workshop has been designed to build and embed mental health awareness and wellbeing into your club environment and culture. It will help members to support each other and identify issues that may be affecting someone's wellbeing.

On completion of the workshop participants will have:

- Increased awareness of mental and emotional wellbeing and coping strategies
- Improved attitude towards mental and emotional wellbeing
- Improved awareness of signs and symptoms
- Increased awareness of appropriate sources of support.

Disability Inclusion Training (Hybrid)

This 6 hour workshop has been designed to provide attendees with the knowledge and understanding they need to make their particular programmes, facilities and activities more inclusive of people with disabilities. Through a range of interactive exercises participants are made aware of the main barriers to participation, and are provided with practical advice and guidance to develop their ability to adapt games and activities to include all ability groups.

Participants will be introduced to a variety of warm-up games, activities and disability sports while given the knowledge of how to make these inclusive for all ability groups.

Part 1: Online 3hr theory session
Part 2: Face-to-face 3hr practical session.

Creating Great Children's Sports Environments (Hybrid)

This workshop addresses the areas of children's coaching environments, coaching philosophy, the power of sport for child participant development and positive pedagogical climates.

Part 1: 60 minute zoom.
Part 2: 2 hour face-to-face practical session.
Part 3: 60 minute zoom reflection/implementation session.





Booking

Places will be allocated on a first come first served basis, however priority will be given to Coaches and Clubs within the Armagh City, Banbridge and Craigavon Borough Council area.

Affiliated clubs of the Sports Forum can avail of free places as part of their affiliation. Voucher codes and separate booking instructions will be issued to these clubs or can be requested from Sarah Aiken.

All courses have a minimum number and therefore courses are subject to cancellation should these not be met. **Please note we require 48 hours notice of any cancellation.** Failure to adhere to this policy will result in your club being charged at the full non-affiliated rate. Consideration will be given to participants under exceptional circumstances who cannot attend and inform us of these reasons.

All courses can be booked online at
https://www.armaghbanbridgecraigavon.gov.uk/coacheducation

If you require further information about the courses please contact;
Laura O'Hagan, Sports Development Assistant by email at:
laural.ohagan@armaghbanbridgecraigavon.gov.uk

Armagh, Banbridge Craigavon Sports Forum

The Armagh, Banbridge and Craigavon Sports Forum is a voluntary organisation that supports Clubs and Individuals through the following Grant Programmes:

Club Development Grants:
- Junior Club Development Grant
- Volunteer Development Grant
- Grant Aid for Coaches
- Representative Sporting Clubs

Individual Grants:
- Talented Athlete Grants
- Talented Athlete Leisure Access Card
- Bursaries

Armagh Banbridge & Craigavon Sports Forum

Affiliation

Affiliation for the 2021/22 financial year is still open and is **FREE for this year (normally £20/year)**. New members wishing to affiliate must be affiliated to the Sport NI, Sport Ireland or UK Sport recognised Governing Body. Clubs and Individuals must be based within the Council area. Clubs must submit a copy of their club constitution as part of their affiliation to the Sports Forum. Clubs wishing to affiliate can do so here:
https://www.armaghbanbridgecraigavon.gov.uk/abc-sports-forum/

Sports Directory

The Sports Forum holds a sports directory of its affiliated clubs offering a wide range of sporting and physical activity opportunities across the area.

To view the sports directory, please visit:
https://www.armaghbanbridgecraigavon.gov.uk/resident/abc-sports-directory/

If you require any further information regarding the Sports Forum please contact the Sports Development Team at:
Laura O'Hagan, Sports Development Assistant at
laural.ohagan@armaghbanbridgecraigavon.gov.uk

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